

**NEH INSTITUTE SYLLABUS:
Buddhist Traditions of Tibet and the Himalayas**

SCHEDULE OF LECTURES, EVENTS, AND READINGS

Directors:

Todd Lewis

Leonard van der Kuip



Regular Institute Schedule:

9:00-12:00	Morning Session
12-1:00	Lunch Break
1:00-4:00:	Afternoon Session

All Sessions in Suite A, fourth floor of the Hogan Campus Center, unless otherwise noted

Core Institute Books:ⁱ

- Naomi H. Bishop, *Himalayan Herders*. NY: Harcourt Brace, 1998.
- Georges B.J. Dreyfus, *The Sound of Two Hands Clapping: The Education of a Tibetan Buddhist Monk*. Berkeley: University of California Press, 2003.
- Robert E. Fisher, *The Art of Tibet*. London: Thames and Hudson, 1997.
- Melvyn Goldstein, *The Snow Lion and the Dragon*. Berkeley: University of California Press, 1997.
- Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering*. Armonk, N.Y.: M.E. Sharpe, 1997.
- Matthew T. Kapstein, *The Tibetans*. Malden, MA: Blackwell, 2006
- Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* Albany: State University of New York Press, 2000.
- Patrul Rimpoche, *Words of My Perfect Teacher*. Walnut Creek: Altamira Press, 1998).
- Kurtis Schaeffer, *Himalayan Hermitess: The Life of a Tibetan Buddhist Nun*. NY: Oxford University Press, 2004.
- Gray Tuttle, *Tibetan Buddhists in the Making of Modern China*. New York: Columbia University Press, 2005.
- ☐ Todd T. Lewis and Theodore Riccardi, Jr., *The Himalayas: A Syllabus of the Region's History, Anthropology, and Religion*. Ann Arbor: Association of Asian Studies, 1996.
- ☐ Institute Reader on Campus ERE-sⁱⁱ

ⁱ Will be ordered at the Holy Cross Bookstore and available for purchase

ⁱⁱ [available under Lewis on Dinand Library web site:

<http://eres.holycross.edu/eres/courseindex.aspx?error=&page=search> password NEH2009]

WEEK 1 OF THE INSTITUTE, June 22nd-June 26th

Sunday
June 21st Afternoon check-in for participants

Monday
22nd Morning Program: Profs. Todd Lewis and Leonard van der Kuijp
Practical Orientation and Overview of the Curriculum
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Central place and Trade Theory; Major Culture Regions: Himalayas and Tibet
Core Readings:

- Lewis and Riccardi, *The Himalayas: A Syllabus ...*, 5-40, Part II
- Peter Molnar and Paul Tapponnier, "The Collision between India and Eurasia," *Scientific American*, Volume 236 (4), 1977, 30-41.
 - Gerald Berreman, "Cultures and Peoples of the Himalayas," *Asian Survey* 1963: 289-30

Afternoon Program: Expert Presentation, Prof. Todd Lewis and Leonard van der Kuijp
Orientalism and the Study of the Himalayas; The Himalayas in the Buddhist Imagination
Core Readings:

- excerpt from Martin Brauen, *Dreamworld Tibet: Western Illusions*. NY: Weatherhill, 2004.
- excerpt from Donald Lopez, *Prisoners of Shangri-La*. (Chicago: Chicago Univ Press, 1999)
- excerpt from Peter Bishop, *The Myth of Shangri-La* (Berkeley: Univ. of California Press, 1989)

Further Readings:

- Edward Said, *Orientalism* (NY: Vintage, 1979)
Orville Schell, *Virtual Tibet: Searching for Shangri-La...*(New York: Holt, 2000).

Evening
6-8 PM **Welcoming Dinner/Workshop: Making Tibetan Foods**
Hogan Center

Tuesday
23rd Morning: Expert Presentation, Prof. Theodore Riccardi/Todd Lewis
Ancient History of Nepal: The Licchavi Period
Core Readings:

- Todd T. Lewis and Theodore Riccardi, Jr., *The Himalayas, A Syllabus*, Chapter 8.
- Riccardi, Theodore, Jr. "Buddhism in Ancient and Medieval Nepal," in A.K. Narain ed. *Studies in the History of Buddhism*. New Delhi, 1979, 265-281.

Afternoon Program: Expert Presentation, Prof Leonard van der Kuijp
Regional Prehistory; Ancient Tibet and the Introduction of Buddhism
Core Reading:

- Matthew T. Kapstein, *The Tibetans*, 1-83

Wednesday
24th Morning Program: Expert Presentation, Guy Leavitt, Harvard University
Early Buddhism in Kashmir and Gandhara
Core Readings

Afternoon Program: Expert Presentation, Prof. Jonathan Silk, Leiden University
Mahāyāna Buddhism: New Insights from Recent Scholarship
Core Readings:

- Patrul Rimpoche, *Words of My Perfect Teacher*. (Walnut Creek: Altamira Press, 1998).
- Jonathan Silk, "What, if Anything, is 'Mahāyāna Buddhism?' ..." *Numen* 49, 1999.
 - D. Seyfort Rugg, "Aspects of the Study of the (Earlier) Indian Mahāyāna" *Journal of the International Association of Buddhist Studies* 27, 2004

Thursday
25th

Morning: Expert Presentation, Prof. Leonard van der Kuijp
The Second Era of Tibetan Buddhism, 1000-1650

Core Readings:

Matthew Kapstein, *The Tibetans*, 84-174

- Tsepon W.D. Shakabpa, "Emergence of the Dalai Lamas" and "The Seventh Dalai Lama and the beginning of Manchu influence in Tibet"

Afternoon Program: Expert Presentation, Prof. David B. Gray, Santa Clara University
Vajrayāna Buddhism: Cakrasamvara Tantra

Core Readings:

- Excerpts from David B. Gray, *The Cakrasamvara Tantra*. NY: Columbia Univ. Press, 2007.

6:30-8:30 PM Program: Film and Discussion

Film and Discussion: "Himalayan Herders"

Core Reading

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998).

Friday
26th

Morning Program: Expert Presentation, Prof. Janice Willis, Wesleyan University

Mahāyāna and Vajrayāna Meditation Rituals of Avalokiteshvara and Tārā

Core Readings:

- Janet Gyatso, "An Avalokiteshvara *Sādhana*"
- Roger Jackson, "A Fasting Ritual," [*Nyungne*].
- Todd Lewis, "The Tārā Vrata" in *Popular Buddhist Texts from Nepal*, Chapter 4.

Afternoon Program: Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia
Studies in Medieval Tibetan Buddhism; Teaching the Tibetan Book of the Dead

Core Readings:

Matthew Kapstein, *The Tibetans*, 175-243

Kurtis Schaeffer, *Himalayan Hermitess: The Life of a Tibetan Buddhist Nun*.

Further Reading:

David Snellgrove, *Indo-Tibetan Buddhism* (Boston: Shambhala, 1987), Pts 1/2.

WEEK 2 OF THE INSTITUTE, June 29th-July 3rd

Monday
29th

Morning: Expert Presentation, Dr. Bronwen Bledsoe

Buddhism in Malla-era Nepal (1400-1769)

Core Readings:

- Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982), 52-81

Afternoon Program: Expert Presentation I, Prof. Todd Lewis

Overview of Newar Buddhism: Buddha, Sangha, Dharma in the Kathmandu Valley

Core Readings:

David N. Gellner, *Monk, Householder and Tantric Priest: Newar Buddhism and Its Hierarchy of Ritual*. Cambridge University Press, 1992.

Popular Buddhist Texts from Nepal, Chapter 1

- John Locke, "The Vajrayana Buddhism in the Kathmandu Valley," in *The Buddhist Heritage of Nepal*. Kathmandu: Dharmodaya Sabha, 1986.

Afternoon Program: Expert Presentation II, Prof. Naresh Bajracarya, Tribhuvan Univ. Nepal
Newar Tantric Death Ritual: The *Durgatiparisodhana Mandala*

6-8 PM: Evening Program, Campus Green

A Traditional Newar Buddhist Feast

Tuesday
30th

Morning: Expert Presentation, Professor Naresh Man Bajracarya,

Uposatha Vrata in Practice, Detail and Experience

Core Reading:

☐ Naresh Bajracarya, "The *Guru-mandala-Arcana*"

Afternoon Program I: Expert Presentation, Prof Bajracarya

Mahayana Ritualism: Mandala and Caitya in Newar Buddhist Practice

Core Reading:

Afternoon Program II: Expert Presentation, Prof. Lewis

Film "On the Road with the Red God" (2006) and discussion

Wednesday
July 1st

Morning Program: Expert Presentation, Prof. Georges Dreyfus, Williams College

Tibetan Monastic Life: Scholasticism, Debate, Communal Life

Core Reading:

Georges B.J. Dreyfus, *The Sound of Two Hands Clapping: The Education of a Tibetan Buddhist Monk*. Berkeley: University of California Press, 2003.

Afternoon Program: Expert Presentation, Prof. Sienna Craig, Dartmouth College

Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:

Matthew Kapstein, *The Tibetans*, 244-268

☐ Meyer, Fernand, 1995. "Theory and Practice in Tibetan Medicine" in van Alphen and Aris, eds. *Oriental Medicine: An Illustrated Guide to the Asian Arts of Healing*. London: Serindia Publications, pp. 109-141

☐ excerpts from Gyurme Dorje, Fernand Meyer, et al., eds. *Tibetan Medical Paintings: Illustrations to the Blue Beryl Treatise of Sangye Gyamtso*. NY: Abrams, 1992

Further Readings:

Prost, Audrey, 2008. *Precious Pills: Medicine and Social Change among Tibetan Refugees in India*. London and New York: Berghahn Books.

Samuel, G. 1999. "Religion, Health and Suffering among Contemporary Tibetans," in *Religion, Health and Suffering*. Edited by J. R. Hinnells and R. Porter, pp. 85-110. London and New York: Kegan Paul International.

Janes, C. R. 2002. Buddhism, science, and market: the globalisation of Tibetan medicine. *Anthropology and Medicine* 9:267-289.

Craig, S. R. 2008. "Place and Professionalisation: Navigating amchi Identity in Nepal," in *Tibetan Medicine in the Contemporary World*. Edited by L. Pordié, pp. 62-90. Abingdon and New York: Routledge.

Adams, Vincanne, Suellen Miller, Sienna Craig et al 2005, "The Challenge of Cross-Cultural Clinical Trials Research: Case Report from the Tibet Autonomous Region, People's Republic of China," *Medical Anthropology Quarterly* 19(3): 267-289.

Thursday
July 2nd

Morning Program: Expert Presentation, Prof. David Holmberg, Cornell University

Tibeto-Burman Buddhisms in the 20th Century

Core Readings

☐ Excerpts from David Holmberg, *Order in Paradox: Myth, Ritual, and Exchange among Nepal's Tamang* (Ithaca: Cornell University Press, 1989).

Further Readings:

Afternoon Program: Expert Presentation, Prof. Kath March, Cornell University

Film and Discussion: "Himalayan Herders"

Core Reading

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998).

Further Readings:

Evening Program: in Sellios Theatre, Kimball

Feature film: "Himalaya" followed by Himalayan Music with Cellist T'ien Ning

Friday
3rd

Morning: Expert Presentation, Prof. Leonard van der Kuijp

The History of Tibet through the Modern Period

Core Readings:

Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: Univ. of California Press, 1997)

Matthew Kapstein, *The Tibetans*, 269-300

Further Readings:

Melvyn Goldstein, *A History of Modern Tibet, 1913-1955*. Berkeley: Univ. of California Press, 1989
_____. *A History of Modern Tibet, II: 1951-1955*. Berkeley: Univ. of California, 2007.

Afternoon Program: Expert Presentation, Prof. Dina Bangdel, Virginia Commonwealth University

Art and Architecture of Nepal and Tibet

Core Readings:

☐ Excerpts from Michael Hutt, *Nepal: A Guide to the Art and Architecture of the Kathmandu Valley*. (Boston: Shambhala, 1994.)

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

Further Readings:

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Marylin M. Rhie and Robert Thurman, *Wisdom and Compassion: The Sacred Art of Tibet* (New York: Harry Abrams, 1996).

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 1988).

WEEK 3 OF THE INSTITUTE, July 6th--July 10th

Monday
6th

Excursion to the Rubin Museum for Tibetan Art, NY

Museum Program hosted by Curators; Monastic visit hosted by abbot

Departure from College 7:30 AM 🗨️ View during bus trip: Tibetan and Nepali films

Tuesday
7th

10 AM Program, Experts Charles Ramble, Oxford University and Bön master Tshultrim Lama

Mustang, a Frontier Kingdom in Nepal and the Bön-Buddhism Nexus

Core Readings:

Charles Ramble, *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford University Press, 2008) or

☐ "The People of Mustang and their History," from *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford Univ. Press, 2008)

Afternoon Program: Expert Presentation, Anne de Sales, C. National de la Recherche Scientifique

Himalayan Shamanism and Buddhism

Core Reading:

- ☐ Mumford, Stan Royal. *Himalayan Dialogue: Tibetan Lamas and Gurung Shamans in Nepal*. Madison: University of Wisconsin Press, 1989, chapters 3-7

Further Readings:

Anna Balikci, *Lamas, Shamans and Ancestors. Village religion in Sikkim*. Leiden: Brill. 2008.

Wednesday
8th

Morning Program: Expert Presentation, Prof. Todd Lewis

Hinduism and Buddhism in Nepal; Newars and Tibetans in the Kathmandu Valley;

Core Readings:

- ☐ Todd Lewis, "Newars and Tibetans in the Kathmandu Valley: Ethnic Boundaries and Religious History" *Journal of Asian and African Studies* 38, 1989, 31-57.

Afternoon Program: Expert Presentation, Dr. Sarah LeVine, Harvard University

Buddhism in the Kathmandu Valley Today: Theravada Householders & Nuns

Core Reading:

- ☐ Sarah LeVine and David Gellner, *Rebuilding Buddhism: The Theravada Movement in Twentieth-Century Nepal*. (Cambridge: Harvard University Press, 2005.) Chapters 1, 9
- ☐ Sarah LeVine, in "The Saint of Kathmandu: Treading Where the Buddha Trod," in Sarah LeVine, *The Saint of Kathmandu and Other Tales of the Sacred in Distant Lands*. Beacon Press, 2008.

Further Readings:

Ellison Banks Findly, ed. *Women's Buddhism, Buddhism's Women: Tradition, Revision, Renewal*. Wisdom Publications, 2000.

Thursday
9th

Morning Program: Expert Presentation, Prof. Gray Tuttle, Columbia University

Tibetan Buddhism in Chinese History

Core Readings:

Gray Tuttle, *Tibetan Buddhists in the Making of Modern China*. New York: Columbia University Press, 2005.

Further Readings:

Patricia Berger. 1994. Preserving the Nation: The Political Uses of Tantric Art in China. In *Latter Days of the Law: Images of Chinese Buddhism 85-1850*. Lawrence: Spencer Museum of Art, University of Kansas. pp. 89-125.

Grey Tuttle, "An Unknown Tradition of Chinese Conversion to Tibetan Buddhism: Chinese Incarnate Lamas and Parishioners of Tibetan Buddhist Temples in Amdo." In *Negotiating Identity Amongst the Religious Minorities in Asia*. Edited by Avrum Ehrlich. Lieden: Brill. Forthcoming.

_____. "Shambhala: The Politics of Messianic Tibetan Buddhism in Modern China." In *L'image du Tibet aux XIXeme-XXeme siecles/ The Image of Tibet in the 19th and 20th centuries*. Edited by Monica Esposito. Paris: Ecole Française de Extreme-Orient. 2009.

_____. "Translating Buddhism from Tibetan to Chinese in early 20th Century China (1931-1951)." In *Buddhism between China and Tibet*. Matthew Kapstein, ed. Boston: Wisdom. 2009: 241-279.

Afternoon Program: Expert Presentation, Prof. David Germano, University of Virginia

Workshop on Web Resources on the Tibetan and Himalayan Regions

Tibetan Buddhism from 1950 and Today

Core Readings:

Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).

Evening Program: _____

Farewell Dinner: New England Clambake Dinner

Friday
July 10th

Morning: Expert Presentation, Prof. Todd Lewis

Teaching the Dharma with Traditional Biographies of the Buddha and Story Narratives

Core Readings:

Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal*

☐ Readings from the *Jātakas*, in translations from Nepal and Tibet

Afternoon Forum: Profs. Lewis, van der Kuijp, Germano

Incorporating Himalayan Buddhism-s into the Undergraduate Courses

Saturday
July 11th

Check-out from Residence Hall