

2011 Institute for K-12 Teachers:



Literatures, Religions, and Arts of the Himalayan Region July 5th-29th at Holy Cross, Worcester

Co-Directors

*Professor Todd Lewis, College of the Holy Cross
Professor Leonard van der Kuijp, Harvard University*

Overview of Program

The Institute will be concerned with the study of the Himalayan region (principally Nepal, Kashmir, Tibet,) and particularly the literatures, arts, and religions that have been especially important in pan-Asian history. Using an interdisciplinary approach, **Hinduism** and **Buddhism** will be featured, as well as the Bön tradition and **shamanism**. Special emphasis will be devoted to art history and both the traditional and modern **literatures of Tibet and Nepal**. The Institute will end with a survey of the modern **ecological and political problems** facing the peoples of the region. Participants will also reflect critically about how **cross-cultural learning**, especially how Western popular media tend to construct "exotic" peoples and cultures in their historical imaginations.

Institute workshops will comprehensively survey available K-12 classroom resources and participants will consult with scholars to develop their own innovative curriculum plans. By the Institute's end, teachers will also have been trained to create their own web sites that will contain their own curriculum implementation plans.

Institute participants will receive a stipend of \$3000, earn PDP points, and publish web pages that will become curriculum resources for teachers nationwide. Master degree credits can also be earned by those participating.

Applications due by April 3, or until the Institute seats are all taken.

Interested teachers can-mail Professor Lewis for application materials:
tlewis@holycross.edu

Information on the 2008 NEH Institute
Literatures, Religions, and Arts of the Himalayan Region

Project Faculty and Staff

Co-Directors

Co-director **Todd T. Lewis**, Professor of World Religions at Holy Cross College, is a specialist in Himalayan studies, one of the leading figures in the discipline. Beyond being a scholar who has published numerous studies on Buddhism in the Kathmandu Valley, he has visited nearly every Himalayan region in the course of over twenty years of research. Professor Lewis has taught college level courses matching the Institute curriculum and his book *The Himalayas: A Syllabus of the Region's History, Anthropology, and Religion* (co-authored with Theodore Riccardi, Jr. Ann Arbor: Asian Studies Association, 1995) provides an in-depth overview of the region and is a valuable resource for the Institute. Professor Lewis is the founding co-chair of the Tibetan and Himalayan Religions Group within the American Academy of Religion, the leading organization for scholars in this field. In addition to his scholarly and professional contributions to Himalayan studies in higher education, Professor Lewis also has extensive experience organizing and contributing to continuing-education programs for school teachers in the fields being covered by the proposed Institute: Buddhism, Hinduism, cross-cultural understanding, the Silk Route, etc. For them, he has developed an effective set of presentations integrating curricular handouts, slide presentations, and films suitable for the school classroom and that conform to the State of Massachusetts' Curriculum Standards. In the last year, he has participated in over twenty programs for regional teachers through Clark University's Teachers Center for Global Studies and Watertown's Primary Source.

Co-Director Leonard van der Kuijp was appointed Professor of Tibetan and Himalayan Studies at Harvard University in 1995, where he is also chairman of the Sanskrit and Indian Studies Department. Fluent in classical and modern Tibetan, Nepali, and spoken Chinese, since 1980 he has worked for five years in Nepal and has traveled extensively in Central Tibet and China. Professor van der Kuijp served as Associate Editor of the *Himalayan Research Bulletin* from 1989-1993 and has taught numerous courses covering aspects of Tibetan civilization and Buddhism. His main areas of specialization are Indo-Tibetan intellectual history, Buddhist thought, and Sino-Tibetan relations and he is recognized as one of the world's leading authorities in these fields. Having participated in many public programs concerned with the history of Tibet past and present, he shares with Professor Lewis an enjoyment in teaching in continuing education programs.

Workshop Curriculum Consultant

Maureen Stephens is the Director of the Teachers Center for Global Studies at Clark University. Since 1990, she has developed and administered hundreds of professional development programs for K-12 teachers. She serves on the Board of the Central Massachusetts Council of the Social Studies, the Global Education Advisory Council of the Massachusetts Board of Education, and the Massachusetts Geographic Alliance. Stephens holds a Masters in International Development and Social Change from Clark University. Maureen will serve on the Participant Selection Committee, assist the teachers in designing their Teacher Implementation Plans through curriculum workshops, establish the wealth of information and links needed for the Institute web site. Examples of classroom materials from the Teachers Center for Global Studies will be shared at the Workshops (e.g. Hinduism; Buddhism; Silk Route; Art Materials); where needed, Ms. Stephens will also help identify new materials.

Visiting Lecturers.

Naresh Man Bajracarya is a distinguished young Newari Buddhist priest who commands the vast ritual repertoire and meditative practices of his native tradition. He is also the first Newar Buddhist to leave Nepal and gain a Ph.D. in Buddhist Studies (University of Delhi). In 2000, Bajracarya was named director of the Buddhist Studies Program at Tribhuvan University in Nepal, where he also performs traditional rites for a broad circle of Buddhist householder.

Dina Bangdel, Professor of Asian Art at Virginia Commonwealth University, is ranked among the finest art historians in the world focusing on the Himalayan region. Having done research on Newar Buddhist and Hindu art in the Kathmandu Valley since 1988, she has curated major exhibitions of these traditions. The most notable, "Circle of Bliss," she co-curated at the Los Angeles County Museum of Art in 2003-4. Her presentations to the 2006 Institute were among the most highly rated based upon her clear articulation of topics and an extraordinary selection of images.

Gerald Berreman, Professor of Anthropology at the University of California-Berkeley, is one of the pioneering figures in Himalayan anthropology. In addition to his ground-breaking book, *Hindus of the Himalayas*, he has also studied the environmental problems facing the peoples of the Indian Himalayas and the resistance movements

that have responded to the dams and deforestation projects of the region. Professor Berreman has contributed to many teacher workshops and public education programs on the Himalayas in the Bay area.

Naomi Bishop has studied a Sherpa village in Helambu for over 25 years. A noted anthropologist who is widely published in her field, she has also documented the traditions and modern changes that have affected this region, both in print and in exceptional documentary films. Her studies of migrants from Helambu have spanned the Indian subcontinent and recently extended to Queens, New York. Her critically acclaimed film will be shown in the Institute, and her accompanying monograph will be read by participants.

Peter Burleigh, now retired from the State Department, is one of his generation's most distinguished diplomats, having ended his career as Acting UN Representative and being awarded the Distinguished Service Medal by President Clinton. Burleigh in fact has continued to keep his ties to the Himalayan region, briefing ambassadors and visiting Nepal on special assignments. Teachers will benefit from his current knowledge and his perspective as a shaper of government foreign policy.

Sienna Craig, an Assistant Professor of Anthropology at Dartmouth, has been studying the northern Himalayan regions of Nepal since 1997. In addition to innovative and ground-breaking work on Tibetan medicine and veterinary practices among Tibetanized peoples, especially those in Dolpo and Mustang, she has also written a book based upon her personal and research experiences, *Horses Like Lightning: A Story of Passage Through the Himalayas*.

Lauran Hartley is currently a part-time lecturer in modern Tibetan literature at Columbia University. Having earned a Ph.D. in Tibetan and East Asian Studies from Indiana University, Bloomington, she is among the very few scholars to work in the area of modern Tibetan literature. Aware of this extensive and growing corpus originating from the resident and exile communities, she has completed many translations of this literature. Many have been published in a wide variety of journals and literary magazines. Literature teachers and others will find an exciting range of subject matters and genres to introduce into their classes.

Paula Newburg, one of the leading authorities on the modern political developments in South Asia, will add her historical expertise to help participants understand recent developments in Kashmir, Pakistan, and Afghanistan. Her overview of this history, as well as her descriptions of the role of the United States in the region and her in-country experiences in these nations, were very well received by the teachers in the 2002 Institute.

Charles Ramble, Lecturer in Tibetan Buddhism at Oxford University, since 1980 has studied the peoples of the southern Tibetan frontier, most recently those in the Mustang Valley of north central Nepal. Dr. Ramble in his publications and teaching has addressed issues concerning religious doctrines, ritual practices, and the patterns of political rule manifested in the communities spanning the periphery of Tibet.

Anne de Sales, a researcher in France's prestigious Centre National de la Recherche Scientifique, is one of but a few western scholars to have studied the Kham Magars, a Tibeto-Burman language-speaking ethnic group who occupy the mid-montane region of west central Nepal. Not following either Hinduism or Buddhism, Magar religious life is oriented around shamans who contact the gods via trance and lead the souls of the dead to the next world. Dr. de Sales is a leading authority on shamanism and through her rich ethnographic experience will make compelling connections with the global spiritual phenomenon of shamanism for Institute participants.

Kurtis Schaeffer scholarly interests are focused on Tibetan cultural history, the transmission of manuscripts, and the role of women in Tibetan Buddhism. He is the author of many articles and several books. He will share his insights on women in the region through his landmark case study on the life and times of a remarkable female Tibetan ascetic, *Himalayan Hermitess*.

Cristine Scherrer-Schaub is one of the leading scholars of Mahayana Buddhism, having completed both field studies and textual translations of central documents in Sanskrit and Tibetan. Professor Scherrer-Schaub is a prominent leader of academic Buddhist studies in Europe, serving on numerous editorial boards and professional societies. She has also garnered teaching awards at Ecole Pratique des Hautes Etudes, Sorbonne, Paris, where she has taught since 1999.

Mathew Schmalz, Associate Professor of Religion at Holy Cross, is an authority on religion and society in modern India. Having lived for many years in northern India and fluent in several modern languages, Schmalz has wide-ranging experience in modern South Asian cinema. In this Institute, he will repeat his very remarkable workshop that began giving in 2002 that has aided teachers in using modern popular films to teach about India and Hinduism.

David Smith, Professor of Wildlife Biology at the University of Minnesota, is one of the world's leading experts on the tiger. Having worked in the jungles of Nepal for over 25 years, he has also studied the interaction between people and national parks, including the "community forestry" movements that have sought to find viable compromises between human needs and the survival of endangered species. One of the most popular

expedition scientist leaders for EarthWatch, Dr. Smith is very experienced in lecturing to non-specialist audiences.

Manjushree Thapa is modern Nepal's leading woman novelist and public intellectual. Her book *The Tutor of History* (Penguin, 2001) has won international acclaim for its portrayal of individual lives caught in the Maoist unrest that swept over rural Nepal since 1993. The subsequent *Forget Kathmandu* chronicles Nepal's political chaos after the royal assassination of 2001 and has been recognized as one of the most important books on contemporary South Asia. A resident in her native city Kathmandu, she is a major figure in the capital of Nepal's literary life, writing a regular column in *The Kathmandu Post* and publishing short stories in Nepali and English. She has also lectured widely in America and Europe.

Yudru Tsomo is a Assistant Professor of Religion at the University of Wisconsin.. She was born in Kham, eastern Tibet, and worked as an English interpreter in Beijing for many years. Her areas of expertise are Tibetan history with a particular focus on the various roles women have played in key historical events.

Nirmal Tuladhar is Professor of Linguistics and Executive Director of Kathmandu's Center for Nepalese and Asian Studies. He has conducted research on the Tibeto-Burman languages of the central Himalayan region and has been a leading academic at Tribhuvan University, editing the leading journal, contributions to Nepalese Studies. Professor Tuladhar is also an expert in Nepali kite-flying and has represented Nepal in international events devoted to this art; he will share his skill in this capacity with Institute participants.

Samrat Upadhyay is a novelist born in Nepal who has written two best selling novels in English. Drawing upon his upbringing in Kathmandu, his writings vividly convey the modern urban life in a developing country like Nepal. Professor Upadhyay has for over a decade taught creative writing in the United States, and teaches courses on South Asian literature. His op-ed articles on Nepal are often published by the *New York Times*.

Michael Witzel, Wales Professor of Sanskrit at Harvard University, is an expert on Vedic Hinduism as well as the early histories of the great Himalayan Valleys of Kashmir and Nepal. A textual scholar, Professor Witzel has drawn upon extensive research in the Himalayas to shed light on the cultural history of early India. He has taught and published in these areas, having lived and traveled in both the Nepal and Indian Himalayas.

Keiko Yamanaka, Professor of Ethnic Studies at the University of California Berkeley, is the leading authority of the migration of Nepalis in the modern global economy. She has done fieldwork on the Nepali factory workers in Japan, and studied the life histories of many migrants who have moved between Japan and returned

to Nepal. Her presentation, with that of Naomi Bishop, provides case studies of how globalization is affecting the Himalayan peoples.

Institutional Context: The College of the Holy Cross

The Institute Project will be supported and sponsored by the College of the Holy Cross in Worcester, Massachusetts. The College of the Holy Cross is a highly selective, coeducational, undergraduate, liberal arts college founded in 1843 by the Society of Jesus (Jesuits) in Worcester, Massachusetts. The oldest Catholic college in New England, Holy Cross has placed among the top national liberal arts colleges by *U.S. News & World Report*. It is ranked among the top 4% of 925 private four-year colleges in the number of its students subsequently earning doctorates. Holy Cross is highly respected for its superior undergraduate academic programs, excellent faculty, the intelligence and achievements of its students, and the quality of its intellectual resources, especially its library. The College offers majors in eighteen fields: biology, chemistry, classics, economics, economics-accounting, English, history, mathematics, modern languages and literatures, music, philosophy, physics, political science, psychology, religious studies, sociology, sociology/anthropology, theatre and visual arts. There is a thriving teacher certification program. Both the first year program for incoming students and a vigorous curriculum of interdisciplinary studies, including Asian Studies, have fostered integrated and multicultural learning as an essential feature of a liberal education.

The College has made great strides in furthering the use of information technology in the classroom. Holy Cross was noted in *Wired Magazine* and *Yahoo Internet Life* as one of the most technologically advanced and integrated campuses and CAUSE, the leading association for information technology professionals, awarded the College an *Excellence in Campus Networking Award*. The College has installed 110 miles of Category 5 twisted-pair wiring within and fiber optic cable between buildings; installed 4,200 network connection ports serving all 28 buildings and networking all faculty offices and all residence hall rooms (now including over 2,500 computers). Just opened in Dinand Library is the Scalia Electronic Classroom, a state of the art facility to be used throughout the Institute. All dormitory rooms where the teachers will be housed are fully wired with ports for computers. There are WWW connections in classrooms and AV/Film viewing facilities, including a special video viewing theater in Hogan Campus Center where the institute will take place.

Total volumes in the Holy Cross Libraries are more than 588,000, with 1,660 periodical subscriptions. Professor Lewis has added over 1,100 volumes on Tibet and Himalayas since 1990; the collection is excellent,

numbering over 2,600 volumes on the Institute theme; the Hinduism and Buddhism collection is over 7,000 volumes, including leading journals. The Academic and Research Collaborative (ARC) through the Colleges of Worcester Consortium, provides off-campus access to more than 3,800,000 volumes and more than 23,000 serial subscriptions. The Library's Internet connection is a gateway to hundreds of research libraries and databases around the world. We will offer full Internet access to the teachers from 24 PCs throughout the building as well as ILL service from the other Consortium libraries and other libraries. Library cards will be provided for the teachers. On the library web site there are links to 200 electronic databases and access to an additional 12,000 electronic journals. The Academic and Research Collaborative (ARC) is a coalition of academic, public, and special libraries working together to facilitate the sharing of resources and services for the benefit of their collective users. The ARC libraries serve an enrolled student body of approximately 26,000 as well as a total approximate population of 771,000 in the greater Worcester area. Member Libraries include: American Antiquarian Society, Anna Maria College, Assumption College, Atlantic Union College, Becker College, Clark University, College of the Holy Cross, Fitchburg State College, Nichols College, Quinsigamond Community College, University of Massachusetts, Worcester, Worcester Art Museum, Worcester Polytechnic Institute (WPI), Worcester Public Library, and Worcester State College.

The ASC (Asian Studies Concentration) is one component of our vibrant, long-standing commitment to International Studies (which also includes African Studies, Latin American Studies, Middle Eastern Studies, and Russian and Eastern European Studies). ASC, with particular strengths in Southeast Asia and East Asia, is explicitly interdisciplinary, draws 16 faculty from ten academic departments and is centered on the following countries: Bangladesh, China, India, Indonesia, Japan, Nepal, Tibet, Pakistan, Thailand and Vietnam. Through 70 course offerings, ASC affords students the opportunity to explore Asian cultures under the careful guidance of Asia specialists in the areas of anthropology, economics, history, language and literature, music, philosophy, religion and theatre. The program provides students (who can choose to major or minor in Asian Studies) a rigorous, broad-based liberal arts foundation for later work in cross-cultural and linguistic research, diplomacy and international law, international business and journalism, economics, development aid, medicine, religion, or the arts. Interdisciplinary faculty collaboration on Asia-related teaching, research and performance is a hallmark of the program. In keeping with the College's goal to diversify its student body, faculty and course offerings, the Departments of Music and Theatre have sought ways of integrating world music and theatre in their respective

curricula. In addition to the holdings in Dinand Library, Asian Studies curricula are supported via the music scores, books, LPs, CDs, videotapes and laser discs located in the Fenwick Music Library. The Music Library is equipped with all the necessary playback equipment, including compact discs players, VCRs, and a laser disc player. Non-western music and theatrical genres are integral components of the collection.

The College again looks forward to being the site of this fourth institute. In addition to supporting numerous workshops and programs for Worcester area K-12 teachers in which Holy Cross faculty/facilities were involved, the College has over seven years of experience in hosting successful NEH summer institutes for school teachers. Faculty and staff in the library, conference services, the grants office, etc., are all prepared to make sure that both curricular and co-curricular aspects of the institute run smoothly. In addition to the 2002, 2004, and 2006 Himalayan Institutes, NEH supported three institutes at the College in 1988, 1990, and 1992 on “Polis and Res Publica: Classical Political Theory and the American Constitution.” Holy Cross facilities available to participants include all libraries, the services of Hogan Campus Center, athletic facilities, campus security, and so forth.

Housing, with the rooms made up upon arrival and linens changed every three days, is as follows: Senior Apartments with kitchen areas and a panoramic view of downtown Worcester will be reserved for NEH teachers. Rooms with private baths is \$50 per person / per night. All prices are current estimates and may change by summer 2008.

Kimball Hall and Hogan Campus Center serve upscale cafeteria foods in a wide price range, offering a choice from salads and sandwiches, to a variety of daily hot meal selections. Basic food items are also available at the campus lobby store and coffee shop. There is a large new supermarket/ pharmacy center close to the campus for participants' needs.

Worcester is located in the center of Massachusetts and is the second largest city in New England. In addition to numerous summer activities in the city, there is public transportation available to Boston, Providence, and New York City.



Further Reading:

Martin Brauen, *Dreamworld Tibet: Western Illusions* (Trumbull, Ct.: Weatherhill, 2004).

Peter Bishop, *The Myth of Shangri-La* (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet

Required Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 67-98

Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III

Evening
5-7 PM

Welcoming New England Clambake Dinner and Nepali Kite Flying
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Wednesday
6th

Morning Program: Expert Presentation, Prof. van der Kuijp

Languages and Writing Systems of the Himalayan Region

Tea Making Workshop: Nepali Milk Tea and Tibetan Butter Tea

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III

☐ Gerald Berreman, "Cultures and Peoples of the Himalayas," *Asian Survey*
1963: 289-30"

Afternoon Program

Curriculum Workshops with Maureen Stephens:

"Teacher Implementation Plans for this Institute"; "Geography of the Himalayan Region"

Thursday
7th

Morning Program: Expert Presentation, Profs. Lewis and van der Kuijp

Hinduism: Overview of Core Doctrines and Practices, esp. those in the region

Required Reading:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 41-43

Further Readings:

Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed.

Afternoon Program: Films on Hinduism with Discussion

Library Orientation

"Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India"

"Wages of Action"

Friday
8th

Morning: Expert Instruction, Holy Cross Computer Training Lab Staff

Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp

Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices

Required Readings:

Patrul Rimpoche, *Words of My Perfect Teacher*, 1-132.

T. Lewis, "Buddhism," from *World Religions Today*, 3rd ed. (NY: Oxford Univ. Press, 2005).

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross

Indian Feature Film: "Lagaan"

Saturday 9th Morning Program: Profs. Lewis
Workshop: Using Art to Teach Religion at the Asia galleries, Worcester Art Museum

WEEK 2 of the Institute, July 11th-15th

Monday 11th Morning: Expert Presentation and Curriculum Workshop, Prof. Lewis
Buddhist Literature: Traditional Biographies of Buddha and Story Narratives
Required Readings:

Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (New York: Oxford University Press, 2010)

☐ Readings from the *Jatakas*, in Translations from Nepal and Tibet

Afternoon Program: Expert Presentation, Profs Lewis and vander Kuijp
Mahayana Buddhism; The Himalayas in the Buddhist Imagination

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46

☐ Mark Blum, "Mahayana Buddhism" from Kevin Trainor, ed. *Buddhism: The Illustrated Guide*. (NY: Oxford University Press, 2004).

☐ Gregory Schopen, "Mahayana" in Robert Buswell, ed. *The Encyclopedia of Buddhism*. (NY: Macmillan, 2004), 492-499..

Further Readings:

David Snellgrove, *Indo-Tibetan Buddhism* (Boston: Shambhala, 1987), Pts I/2.

Tuesday 12th Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE
Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 49-92

☐ excerpts from the *Rajatarangini* of Kalhana" and the *Gopalarajavamshavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Required Readings:

Matthew Kapstein, *The Tibetans*, 27-83

Evening Program: in Brooks Concert Hall

A Selection of Himalayan Music with Cellist Tien Ning and Others

Feature film: "Himalaya" followed by discussion

Wednesday 13th Morning Program, Expert Presentation: Prof. van der Kuijp
Medieval Tibet: History up to 1600 CE; Bön Tradition

Required Reading:

Matthew Kapstein, *The Tibetans*, 84-139

Further Readings:

David Snellgrove and Hugh Richardson, *A Cultural History of Tibet* (Boulder: Prajna Press, 1980), 1-110.

Afternoon Program: Prof. Lewis and van der Kuijp

Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 109-116; 159-209

Zurick and Karan, *Himalaya: Life on the Edge of the World*, 61-126.

Further Readings:

John Whelpton, *A History of Nepal*. Cambridge: Cambridge University Press, 2005.

Thursday
14th

Morning Program: Expert Presentation, Prof. van der Kuijp

The History of Tibet through the Early Modern Period

Required Readings:

Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: Univ. of California Press, 1997)

Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).

Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:

Melvyn Goldstein, *A History of Modern Tibet, 1913-1951: The Demise of the Lamaist State*. (Berkeley: University of California Press, 1989.)

Jose Cabazon, *Tibetan Literature Studies in Genre*. (Ithaca: Snow Lion, 1995)

Afternoon Program: Expert Presentation, Prof. Lewis

Buddhism and Hinduism in the Kathmandu Valley

Required Readings:

Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000)

Evening Program: Curriculum Workshop with Maureen Stephens:

“Curriculum and Resources for Teaching about the Silk Route”

Friday
15th

Morning: Expert Presentation, Lauren Hartley, Columbia Univ

Modern Tibetan Literature in Translation

Required Readings:

☐ Luran Hartley, "Themes of Tradition and Change in Modern Tibetan Literature," *Lungta* 12 (Summer 1999): 29-44.

☐ Selections from *Song of the Snow Lion*

☐ Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*

Further Reading

Bhum, Pema. *Six Stars with a Crooked Neck: Tibetan Memoirs of the Cultural Revolution*. Dharamsala: Tibet Times, 2001.

Tailing, W. *The Secret Tale of Tesur House*. Beijing: Tibetology Pub House, 1998.

Alai. *Red Poppies*. Boston: Houghton Mifflin, 2002. (Chinese original)

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University

Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 1988).

Further Readings:

Marilyn M. Rhie and Robert Thurman, *Wisdom and Compassion: The Sacred Art of Tibet* (New York: Harry Abrams, 1996).

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Robert Beer, *Encyclopedia of Tibetan Symbols* (Boston: Shambhala, 1999).

WEEK 3 of the Institute, July 18th--July 22nd

Monday
18th

Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown en route]

Tuesday
19th

Morning Program Expert Presentation, Naresh Bajracarya, Tribhuvan University
Newar Buddhist Mahayana Ritualism and the Mandala

Required Reading:

☐ Naresh Bajracarya, "The *Guru-mandala-Arcana*"

☐ John Locke, "The *Uposatha Vrata* of Amoghapasa in Nepal," *L'Ethnographie* 83 (100-101), 159-189.

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples Video: "Himalayan Herders"

Required Readings:

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998)

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:

Workshop on Making Nepalese Foods

A Newar feast and Prof. Lewis' Films on Kathmandu Valley Religion

Wednesday
20th

Morning: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:

Matthew Kapstein, *The Tibetans*, 244-268

☐ Meyer, Fernand, 1995. "Theory and Practice in Tibetan Medicine" in A. Aris, eds. *Oriental Medicine: An Illustrated Guide*. London: Serindia Publications, 109-141.

Thursday
July 21st

Morning: Expert Presentation, Dr. Anne de Sales, Centre National de la
Shamanism in the Himalayas Recherché Scientifique

Required Readings:

☐ Mumford, Stan Royal. *Himalayan Dialogue: Tibetan Lamas and Gurung Shamans in Nepal*. Madison: University of Wisconsin Press, 1989, chapters 3-7

☐ Anne de Sales, The Kham Magar Country, Nepal: Between Ethnic Claims and Maoism," *European Bulletin of Himalayan Research* 19, 41-71

Further Readings:

John Hitchcock, John and Jones, Rex eds. *Spirit Possession in the Nepal Himalayas* (New Delhi: Vikas, 1976).

Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University

Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Required Readings:

- ☐ “The People of Mustang and their History,” from Charles Ramble, *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford Univ. Press, 2008)
- ☐ Lawrence Epstein and David Lichter, "Irony in Tibetan Notions of the Good Life," in *Karma: An Anthropological Inquiry*, ed. Charles F. Keyes and E. Valentine Daniels. (Berkeley: University of California Press, 1983), 223-259.

Further Readings:

David Holmberg, *Order in Paradox: Myth, Ritual, and Exchange among Nepal's Tamang* (Ithaca: Cornell University Press, 1989).

Friday
22nd

Morning Program: Expert Presentation, Dr. Yudru Tsomo, Lawrence University

Tradition and Modern Women of Tibet

Required Reading:

- ☐ Tsering Chotsho, “A Drop from an Ocean: The Status of Women in Tibetan Society” and Migyur Madrong, “A Discussion on Some Great Women in Tibetan History” Matthew Kapstein, *The Tibetans*, 175-204

Further Reading:

Rex and Shirley Jones, *The Himalayan Woman*

Afternoon Program: Expert Presentation, James Fisher, Carleton College

Patterns of Change in the Tibetan Highlands

Required Reading:

James Fisher, *Sherpas: Reflections on Change in Himalayan Nepal* (Berkeley: Univ of California, 1990).

WEEK 4 of the Institute, July 25th - July 29th

Monday
July 25th

Morning Program: Expert Presentation, Prof. Samrat Upadhyay, Indiana University
Nepali Literature: Its Emergence in the Modern Era

Required Reading:

- ☐ excerpts from Michael Hutt, *Himalayan Voices*. Berkeley: Univ. of California Press, 1991.

Samrat Upadhyay, *Arresting God in Kathmandu*. New York: Houghton Mifflin, 2001

Afternoon Program: Expert Presentation: Manjushree Thapa, Kathmandu

Nepali Literature: Recent Trends in a Time of Political Unrest

Required Reading:

Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001__

Tuesday
July 26th

Morning: Expert Presentation Paula Newburg, Georgetown University

Political Developments in the NW Himalayas: Pakistan and Afghanistan

Required Readings:

- ☐ Paula Newburg, *Double Betrayal: Human Rights and Insurgency in Kashmir*

Afternoon Program: Expert Presentation, Peter Burleigh, University of Miami

Nepal and the Indian Himalayas in Transition

Required Readings: Both are available at: www.icg.org

“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

“Nepal’s Maoists: Their Aims, Structure and Strategy” (Asia Report # 04, 27 October 2005).

Wednesday
July 27th

Morning: Expert Presentation Prof. David Smith, University of Minnesota

Contemporary Human Ecology: Tigers and Humans

Required Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 09-98

Further Readings:

Eric Eckholm. *Losing Ground: Environmental Stress and World Food Problems* (New York: Norton, 1976).

Afternoon Program: Curriculum Workshop by Maureen Stephens

Teaching Sustainable Development in the Himalayas

Thursday
July 28th

Morning I Expert Presentation, Gerald Berreman, Univ. of California-Berkeley

Hinduism and Spirit Mediums in the Indian Himalayas

Required Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 143-155

Gerald Berreman, "Brahmins and Shamans in Pahari Religion"

Gerald Berreman, "Himalayan Rope Sliding and Village Hinduism"

Gerald Berreman, "Three Stigmatized Paharis: Two Dalits and a Widow: How They Prevailed."

Further Readings:

James F. Fisher. *Sherpas: Reflections on Change in Himalayan Nepal* (Berkeley: University of California Press, 1989).

Afternoon Program: Expert Presentation by Mat Schmaltz, Holy Cross

Christian Missionaries in the Himalayas

Required Readings:

selections from Trent Pomplun, *Jesuit on the Roof of the World: Ippolito Desideri’s Mission to Tibet*. NY: Oxford University Press, 2009

Evening Program:

Workshop on Making Tibetan Foods

Farewell Dinner

Friday
July 29th

Morning and Afternoon:

Presentations of Teacher Implementation Plans

Web Pages and Curricular Materials

Saturday
July 30th

Check-out from Campus Apartments