



LITERATURES, RELIGIONS and ARTS of the HIMALAYAN REGION

Schedule of Lectures, Workshops, and Readings

Institute Schedule:

9:00-12:00	Morning Session
12-1:00	Lunch Break
1:00-4:00	Afternoon Session
4:30--9:00	Web Page Consultations
6:30-9:00	Evening Sessions

All Sessions in Rooms 402-3 in the Hogan Campus Center, unless otherwise noted

Core Institute Books:

- Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998).
Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).
Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: Univ. of California Press, 1997).
Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).
Matthew T. Kapstein, *The Tibetans*. (Malden, Massachusetts: Blackwell, 2006)
Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000).
Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (New York: Oxford Univ. Press, 2010)
John Esposito & Todd Lewis, *Asian Religions Today* (NY: Oxford University Press, 2008)
Patrul Rimpoche, *Words of My Perfect Teacher*. (Walnut Creek: Altamira Press, 1998).
Manjushree Thapa, *Seasons of Flight*. Delhi: Viking Penguin, 2011.
_____, trans. *The Country is Yours: Contemporary Nepali Literature*. Delhi: Penguin, 2011.
David Zurick, et. al, *Illustrated Atlas of the Himalaya*. (Univ. of Kentucky Press, 2006.)
☐ Institute Reader [on Institute MOODLE site] ♦ indicates excerpt on MOODLE Institute site

Recommended Books for Further Reading:

- Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed. Columbia Univ. Press, 1998.
David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 2006).
Ben Muleunbeld, *Buddhist Symbolism in Tibetan Thangkas*. (Binkey Kok, 2001)
Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001.
_____. *Tilled Earth: Stories..* London: Penguin 2007
Charles Ramble, *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford Univ. Press, 2008)
Samrat Upadhyay, *Arresting God in Kathmandu*. New York: Houghton Mifflin, 2001

All books have been ordered from the Holy Cross Bookstore

WEEK 1 of the Institute, July 5th-9th

Monday July 4 ^h	Check-in for resident participants in Williams Hall Apartments
Tuesday 5 th	<p><u>Morning Program:</u> <u>Profs. Lewis and van der Kuijp</u> Practical Orientation and Overview of the Curriculum Orientalism and the Study of Asia, Asian Religions, and the Himalayas Geology and the Physical Geography of the Regions; Frontier Zone Theory</p> <p><u>Core Readings:</u> Zurick, <i>Illustrated Atlas of the Himalaya</i>, 1-66 Lewis and Riccardi, <i>The Himalayas: A Syllabus ...</i>, 5-40, Part II ☐ Peter Molnar and Paul Tapponnier, “The Collision between India and Eurasia,” <i>Scientific American</i>, Volume 236 (4), 1977, 30-41.</p> <p><u>Further Reading:</u> ♦ Martin Brauen, <i>Dreamworld Tibet: Western Illusions</i> (Weatherhill, 2004). ♦ Peter Bishop, <i>The Myth of Shangri-La</i> (Berkeley: Univ. of California Press, 1989)</p> <p><u>Afternoon Program:</u> <u>Expert Presentation, Profs. Lewis and van der Kuijp</u> Languages & Culture Regions: Kashmir, Nepal, Tibet; Languages, Writing Systems</p> <p><u>Core Readings:</u> Zurick, <i>Illustrated Atlas of the Himalaya</i>, 67-98 Lewis and Riccardi, <i>The Himalayas: A Syllabus ...</i>, Part III ☐ Gerald Berreman, "Cultures and Peoples of the Himalayas," <i>Asian Survey</i> 1963: 289-30</p>
Evening 5-7 PM	<p>Welcoming New England Clambake Dinner Hosted by Holy Cross Administrators, First Floor of the Hogan Center</p>
Wednesday 6 th	<p><u>Morning Program:</u> <u>Expert Presentation, Prof. Lewis</u> Hinduism: Overview of Core Doctrines and Practices, esp. those in the region</p> <p><u>Core Readings:</u> Lewis and Riccardi, <i>The Himalayas: A Syllabus ...</i>, Part III ☐ Lewis, “Getting the Foundations Right When Teaching Asian Religions”</p> <p><u>Further Readings:</u> Diana Eck, <i>Darshan: Seeing the Divine in India</i>, 2nd ed.</p> <p><u>Afternoon Program I (1-2): by Library Staff</u> Library Tour</p> <p><u>Afternoon Program II: (2:30-4) Curriculum Workshops with Arlene Kowal</u> Geography of the Himalayan Region and Preparing your Curriculum Website</p>
Thursday 7 th	<p><u>Morning Program:</u> <u>Expert Presentation, Prof. Lewis</u> Hinduism in the Himalayas: Films; The Life of the Buddha “Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India” “Wages of Action”</p> <p><u>Core Reading:</u> Lewis and Riccardi, <i>The Himalayas: A Syllabus ...</i>, 41-43</p>

Afternoon Program: Expert Presentation, Prof. Nirmal Tuladhar, Tribhuvan University.

1-2 [I] Languages in Nepal

2:30-4 [2] Kites in Himalayan Cultures on Hill of St. James, top of campus

Core Readings:

☐ Nirmal Man Tuladhar. "Cutting is the Greatest Fun," *Kitelines*, 11:4 (1996), 41
and the rest of this issue on Nepal

Further Readings:

The Drachen Foundation www.drachen.org

Khaled Hosseini. *The Kite Runner*. London: Bloomsbury, 2003.

Friday
8th

Morning: Expert Instruction, Holy Cross Computer Training Lab Staff
Plenary Web Page Design Training Session

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp

Ancient Buddhism and Basic Doctrines

Core Readings:

Patrul Rimpoche, *Words of My Perfect Teacher*, 1-132.

T. Lewis, "Buddhism" in *Asian Religions Today*, (NY: Oxford Univ. Press, 2008),

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross

Indian Feature Film: "Lagaan"

Saturday
9th

Morning Program in Asia galleries, Worcester Art Museum Profs. Lewis
Workshop: Using Art to Teach Asian Religions

WEEK 2 of the Institute, July 11th-15th

Monday
11th

Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE

Core Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 49-92

☐ excerpt from the *Nilamata Purana*; ☐ excerpts from the *Rajatarangini* of Kalhana

☐ Theodore Riccardi, Jr. "Buddhism in Ancient and Early Medieval Nepal"

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Core Readings:

Matthew Kapstein, *The Tibetans*, 27-83

Tuesday
12th

Morning Program, Expert Presentation: Prof. van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Core Reading:

Matthew Kapstein, *The Tibetans*, 84-139

☐ Leonard van der Kuijp, "The Dalai Lamas and the Origins of the Incarnate Lamas,"

Further Readings:

David Snellgrove and Hugh Richardson, *A Cultural History of Tibet* (Boulder: Prajna Press, 1980), 1-110.

Afternoon Program:

Prof. Lewis and van der Kuijp

Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan

Core Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 109-116; 159-209

Zurick, *Illustrated Atlas of the Himalayas*

Further Readings:

John Whelpton, *A History of Nepal*. Cambridge: Cambridge Univ. Press, 2005.

Wednesday
13th

Morning Program:

Expert Presentation, Prof. Lewis

Buddhism and Hinduism in the Kathmandu Valley

Core Readings:

John Locke, "An Overview of Newar Buddhism"

Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism*, Chapter 1

Further Readings:

David N Gellner, *Monk, Householder and Tantric Priest: Newar Buddhism and Its Hierarchy of Ritual*. Cambridge University Press, 1992.

Afternoon Program

Expert Presentation, Prof. van der Kuijp

The History of Tibet through the Modern Period

Core Readings:

Melvyn Goldstein, *The Snow Lion and the Dragon* (Univ. of California Press, 1997)

Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).

Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:

Melvyn Goldstein, *A History of Modern Tibet, 1913-1951: The Demise of the Lamaist State*. (Berkeley: University of California Press, 1989.)

Jose Cabezon, *Tibetan Literature Studies in Genre*. (Ithaca: Snow Lion, 1995)

Thursday
14th

Morning Program: Expert Presentation, Prof Cristina Scherer-Schab, Lausanne University

Mahayana Buddhism: What is it?

Core Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46

☐ Mark Blum, "Mahayana Buddhism" from Kevin Trainor, ed. *Buddhism: The Illustrated Guide*. (NY: Oxford University Press, 2004).

☐ Gregory Schopen, "Mahayana" in Robert Buswell, ed. *The Encyclopedia of Buddhism*. (NY: Macmillan, 2004), 492-499..

Afternoon Program: Expert Presentation: Prof. Bruce Owens, Wheaton College
Bunga Dyah: The Great Buddhist Deity and his Chariot Festival

Core Readings:

Bruce Owens,

Further Readings:

- ◆ Bruce Owens, "Deity, Person, and Practice in the Kathmandu Valley," *American Ethnologist*, Vol. 27, 2000), pp. 702-735

Evening Program: Curriculum Workshop with Blanche Milligan
"Curriculum and Resources for Teaching about the Silk Route"

Friday
15th

Morning Program: Presentation, Prof. Dina Bangdel, VA Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Nepal; Tibet

Core Readings:

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

- ☐ Janet Gyatso, "In the Sacred Realm: Image as Presence"

Further Readings:

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 1988).

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Robert Beer, *Encyclopedia of Tibetan Symbols* (Boston: Shambhala, 1999).

Ben Muleunbeld, *Buddhist Symbolism in Tibetan Thangkas*. (Binkey Kok, 2001)

Afternoon Program: Expert Presentation, Prof. Edward O'Donnell, Holy Cross
Workshop on the Use of Visual Media in Teaching History

Core Readings:

- ☐ David Jaffee, "Thinking Visually as Historians: Incorporating Visual Methods" *Journal of American History*, 2006.
- ☐ Debra, Michlewitz, "Eloquent Images: Using Art to Teach American History," *American Educator* 25, 2001, 12-21.

WEEK 3 of the Institute, July 18th--July 22nd

Monday
18th

Excursion to the Rubin Museum for Tibetan Art

Museum Program hosted by Curators and Educators of the Museums

Departure from the College at 8 AM; return by 9 PM

[Popular Tibetan and Nepali Movies to be shown en route]

Tuesday
19th

Morning Program:

Free

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan University
A Newar Buddhist Ritual: Making Stupas for Fun and Merit

Core Reading:

- ☐ Naresh Bajracarya, "The *Guru-mandala-Arcana*"

- ☐ John Locke, "The *Uposatha Vrata* of Amoghapasa in Nepal," *L'Ethnographie* 83 (100-101), 159-189.

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:

Workshop on Making Nepalese Foods and a Newar feast

Core Reading:

- ☐ "Nepami Bhoya"

Wednesday
20th

Morning Program Expert Presentation, Naomi Bishop, California State, Northridge.

Buddhism among Tibeto-Burman Peoples/ Video: "Himalayan Herders"

Core Readings:

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998)

Afternoon Program: Expert Presentation, Sienna Craig, Dartmouth University

Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:

Matthew Kapstein, *The Tibetans*, 244-268

- ☐ Meyer, Fernand, 1995. "Theory and Practice in Tibetan Medicine" in A. Aris, eds. *Oriental Medicine: An Illustrated Guide*. London: Serindia Publications, 109-141.
- ☐ Vincanne Adams, Mona Schrempf and Sienna R. Craig, "Chapter 1 Introduction: Medicine in Translation between Science and Religion," in *Medicine Between Science and Religion: Explorations on Tibetan Grounds* (New York: Berghahn Books, 2010).

Thursday
July 21st

Morning: Expert Presentation

Prof. Todd Lewis

Buddhist Literature: Traditional Biographies of Buddha and Story Narratives

Core Readings:

Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (New York: Oxford University Press, 2010)

- ☐ Readings from the *Jatakas*, in *Translations from Nepal and Tibet*

Afternoon Program: Expert Presentation, Prof. Mat Schmalz, Holy Cross

Christianity in South Asia and in the Himalayas

Core Readings:

- ☐ selections from Trent Pomplun, *Jesuit on the Roof of the World: Ippolito Desideri's Mission to Tibet*. NY: Oxford University Press, 2009
- ☐ selections from Michael Sweet, trans. *Mission to Tibet: The Extraordinary 18th Century Account of Father Ippolito Desideri, S. J.*, (Boston: Wisdom, 2010) "Of the Grand Lama, Chief of This Religion" (pp. 297-300) "Persuasive Reasons Why the Above-Mentioned Creation of a New Grand Lama is the Direct Work of the Devil" (pp.301-310) "Reply to the Arguments of Those Who Judge the Above-Mentioned Deception to Be the Artifice of Men and Not of the Devil" (pp.311-317)

Further Readings:

Corinne G. Dempsey and Selva J. Raj. *Christianity in India: Riting Between the Lines* (Albany: SUNY Press, 2005)
Robert Eric Frykenberg, *Christianity in India. From Beginnings to the Present.* NY: Oxford University Press, 2008.

Friday
22nd

Morning Program: Expert Presentation, Prof. Jim Fisher, Carleton College
Patterns of Change in the Tibetan Highlands

Core Reading:

☐ excerpt from James Fisher, *Sherpas: Reflections on Change in Himalayan Nepal* (Berkeley: University of California, 1990).

Afternoon Program: Expert Presentation, Prof. David Smith, University of Minnesota
Contemporary Human Ecology: Tigers and Humans

Core Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 09-98

Further Readings:

Eric Eckholm. *Losing Ground: Environmental Stress and World Food Problems* (New York: Norton, 1976).

WEEK 4 of the Institute, July 25th- July 29th

Monday
July 25th

Morning Program: Expert Presentation, Lauren Hartley, Columbia University
Modern Tibetan Literature in Translation

Core Readings:

☐ Lauran Hartley, "Themes of Tradition and Change in Modern Tibetan Literature," *Lungta* 12 (Summer 1999): 29-44.

☐ Selections from *Song of the Snow Lion*

☐ Steven Ventura, "Where is Tibet in World Literature?" *World Literature Today*

Further Reading

Bhum, Pema. *Six Stars with a Crooked Neck: Tibetan Memoirs of the Cultural Revolution.* Dharamsala: Tibet Times, 2001.

Tailing, W. *The Secret Tale of Tesur House.* Beijing: Tibetology Pub House, 1998.

Norbu, Jamyang. *Sherlock Homes: The Missing Years.* NY: Bloomsbury, 1999.

Alai. *Red Poppies.* Boston: Houghton Mifflin, 2002. (Chinese original)

Afternoon Program: Expert Presentation: Manjushree Thapa, Kathmandu
Nepali Literature: Recent Trends in a Time of Political Unrest

Core Reading:

Manjushree Thapa, *Seasons of Flight.* Delhi: Viking Penguin, 2011.

_____, trans. *The Country is Yours: Contemporary Nepali Literature.* Delhi: Penguin, 2011.

Further Readings

Michael Hutt, *Himalayan Voices.* Berkeley: Univ. of California Press, 1991.

Manjushree Thapa, *The Tutor of History.* London: Penguin, 2001

Samrat Upadhyay, *Arresting God in Kathmandu.* NY: Houghton Mifflin, 2001

Tuesday
July 26th

Morning: Expert Presentation Paula Newberg, Georgetown University
Political Developments in the NW Himalayas: Pakistan and Afghanistan

Core Readings:

- ☐ Laila Bokhari, "Pakistan: Dealing with Peace in the Tribal Areas," *Norwegian Peacebuilding Centre*, No 12, November 2010.
- ☐ Talatbek Masadykov, Antonio Giustozzi, JM Page, "Negotiating with the Taliban: Toward a Solution for the Afghan Conflict," *Crisis States Working Papers Series*, No 2, January 2010
- ☐ Paula Newberg, "Pakistan's Governance Imperative," *MIT Audits of Conventional Wisdom*, May 2008
- ☐ <http://www.jinnah-institute.org/publications/300-second-opinion>

Further Readings:

- ☐ Paula Newberg, *Double Betrayal: Human Rights and Insurgency in Kashmir*

Afternoon Program: Expert Presentation, Maureen Stephens, Brown University
Workshop on CHOICES Curriculum on Afghanistan

Core Readings:

CHOICES Curriculum Materials

Evening Program: in Hogan 502

A Selection of Himalayan Music with Cellist Tien Ning and Others

Feature film: "Himalaya" followed by discussion

Wednesday
July 27th

Morning: Expert Presentation, Dr. Anne de Sales, Centre National de la
Shamanism in the Himalayas Recherché Scientifique

Core Readings:

- ☐ A.W. MacDonald, "The Healer in the Nepalese World"
- ☐ Anne de Sales, The Kham Magar Country, Nepal: Between Ethnic Claims and Maoism," *European Bulletin of Himalayan Research* 19, 41-71

Further Readings:

John Hitchcock, John and Jones, Rex eds. *Spirit Possession in the Nepal Himalayas* (New Delhi: Vikas, 1976).

Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Core Readings:

- ☐ "The People of Mustang and their History," from Charles Ramble, *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford Univ. Press, 2008)
- ☐ Lawrence Epstein and David Lichter, "Irony in Tibetan Notions of the Good Life," in *Karma: An Anthropological Inquiry*, ed. Charles F. Keyes and E. Valentine Daniels. (Berkeley: University of California Press, 1983), 223-259.

Further Readings:

David Holmberg, *Order in Paradox: Myth, Ritual, and Exchange among Nepal's Tamang* (Ithaca: Cornell University Press, 1989).

Thursday
July 28th

Morning: FREE

Afternoon Program: Prof. Keiko Yamanaka, Univ of California-Berkeley
Nepalis in International Migration

Core Readings:

- ☐ Keiko Yamanaka. "Nepalese Labor Migration to Japan: From Global Warriors to Global Workers," *Ethnic and Racial Studies*, Vol. 23, 2000, 62-93.

Further Readings:

Keiko Yamanaka, "Transnational Community Activities of Nepalese Visa-Overstayers in Japan: Governance and Transnationalism from Below," in Nelson H. H. Graburn, et al. (ed.), *Multiculturalism in the New Japan: Crossing the Borders Within*, Oxford: Bergham Press, 2008, 151-170.

_____. "Changing Family Structures of Nepali Transmigrants in Japan: Split-Households and Dual-Wage Earners," *Global Networks: A Journal of Transnational Affairs*, Vol. 5, 2005, 337-358.

Evening Program: _____

Workshop on Making Tibetan Foods
Farewell Dinner

Friday
July 29th

Morning and Afternoon:

Presentations of Teacher Implementation Plans
Web Pages and Curricular Materials

Saturday
July 30th

Check-out from Campus Apartments