

Plan for the Institute

N.E.H. Institute: Cultures and Religions of the Himalayan Region

Schedule of Lectures, Workshops, and Readings

Institute Schedule:

9:00-12:00	Morning Session
12-1:00	Lunch Break
1:00-4:00:	Afternoon Session
4:30--9:00	Web Page Consultations
6:30-9:00	Evening Sessions

All Sessions in Suite A, fourth floor of the Hogan Campus Center, unless otherwise noted

Institute Books:

- Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998).
Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).
Jonathan Garfunkel, *Approaching Tibetan Studies: A Resource Handbook for Educators* (Global Source Education, 1995).
Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: University of California Press, 1997).
Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).
Matthew T. Kapstein, *The Tibetans*. (Malden, Massachusetts: Blackwell, 2006
Todd T. Lewis and Theodore Riccardi, Jr. *The Himalayas: A Syllabus of the Region's History, Anthropology, and Religion* (Ann Arbor: Asian Studies Association, 1995).
Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000).
Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (New York: Oxford University Press,, 2010)
Patrul Rimpoche, *Words of My Perfect Teacher*. (Walnut Creek: Altamira Press, 1998).
Kurtis Schaeffer, *Himalayan Hermitess: The Life of a Tibetan Buddhist Nun*. (NY: Oxford University Press, 2004)
Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001
Samrat Upadhyay, *Arresting God in Kathmandu*. New York: Houghton Mifflin, 2001
David Zurick, et. all, *Illustrated Atlas of the Himalaya*. (University of Kentucky Press, 2006.)

☐ Institute Reader [on Electronic Reserves]

WEEK 1 of the Institute, July 5th-9th

- Monday
July 4^h Afternoon check-in for participants
- Tuesday
5th Morning Program: Prof. Lewis and van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Required Readings:
Zurick, *Illustrated Atlas of the Himalaya*, 1-66
Lewis and Riccardi, *The Himalayas: A Syllabus ...*, 5-40, Part II
 Peter Molnar and Paul Tapponnier, "The Collision between India and Eurasia," *Scientific American*, Volume 236 (4), 1977, 30-41.
Further Reading:
Martin Brauen, *Dreamworld Tibet: Western Illusions* (Trumbull, Ct.: Weatherhill, 2004).
Peter Bishop, *The Myth of Shangri-La* (Berkeley: Univ. of California Press, 1989)
- Afternoon Program: Expert Presentation, Prof. Lewis and van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet
Required Readings:
Zurick, *Illustrated Atlas of the Himalaya*, 67-98
Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III
- Evening
5-7 PM **Welcoming New England Clambake Dinner and Nepali Kite Flying**
Hosted by Holy Cross President and Dean, North Side of Hogan Center
- Wednesday
6th Morning Program: Expert Presentation, Prof. van der Kuijp
Languages and Writing Systems of the Himalayan Region
Tea Making Workshop: Nepali Milk Tea and Tibetan Butter Tea
Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III
 Gerald Berreman, "Cultures and Peoples of the Himalayas," *Asian Survey* 1963: 289-30"
Afternoon Program
Curriculum Workshops with Maureen Stephens:
"Teacher Implementation Plans for this Institute"
"Geography of the Himalayan Region"
- Thursday
7th Morning Program: Expert Presentation, Prof. Lewis and van der Kuijp
Hinduism: Overview of Core Doctrines and Practices, esp. those in the region
Required Reading:
Lewis and Riccardi, *The Himalayas: A Syllabus...*, 41-43
Further Readings:
Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed.

Afternoon Program: Films on Hinduism with Discussion

Library Orientation

“Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India”

“Wages of Action”

Friday
8th

Morning: Expert Instruction, Holy Cross Computer Training Lab Staff

Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp

Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices

Required Readings:

Patrul Rimpoche, *Words of My Perfect Teacher*, 1-132.

T. Lewis, "Buddhism," from *World Religions Today*, 3rd ed. (NY: Oxford Univ. Press, 2005).

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross

Indian Feature Film: "Lagaan"

Saturday
9th

Morning Program: Profs. Lewis and Dr. Louise Virgin, Curator of Asian Art

Workshop: Using Art to Teach Religion at the Asia galleries, Worcester Art Museum

WEEK 2 **of the Institute, July 11th-15th**

Monday
11th

Morning: Expert Presentation and Curriculum Workshop, Prof. Lewis

Buddhist Literature: Traditional Biographies of Buddha and Story Narratives

Required Readings:

Todd Lewis and Subarna Man Tuladhar, trans. *Sugata Saurabha: An Epic Poem from Nepal on the Life of the Buddha by Chittadhar Hridaya*. (New York: Oxford University Press, 2010)

☐ Readings from the *Jatakas*, in *Translations from Nepal and Tibet*

Afternoon Program: Expert Presentation, Profs Lewis and vander Kuijp

Mahayana Buddhism; The Himalayas in the Buddhist Imagination

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46

☐ Mark Blum, “Mahayana Buddhism” from Kevin Trainor, ed. *Buddhism: The Illustrated Guide*. (NY: Oxford University Press, 2004).

☐ Gregory Schopen, “Mahayana” in Robert Buswell, ed. *The Encyclopedia of Buddhism*. (NY: Macmillan, 2004), 492-499..

Further Readings:

David Snellgrove, *Indo-Tibetan Buddhism* (Boston: Shambhala, 1987), Pts I/2.

Tuesday
12th

Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 49-92

☐ excerpts from the *Rajatarangini* of Kalhana" and the *Gopalarajavamshavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Required Readings:

Matthew Kapstein, *The Tibetans*, 27-83

Evening Program: in Brooks Concert Hall

A Selection of Himalayan Music with Cellist Tien Ning and Others

Feature film: "Himalaya" followed by discussion

Wednesday
13th

Morning Program, Expert Presentation: Prof. van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Required Reading:

Matthew Kapstein, *The Tibetans*, 84-139

Further Readings:

David Snellgrove and Hugh Richardson, *A Cultural History of Tibet* (Boulder: Prajna Press, 1980), 1-110.

Afternoon Program: Prof. Lewis and van der Kuijp

Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 109-116; 159-209

Zurick and Karan, *Himalaya: Life on the Edge of the World*, 61-126.

Further Readings:

John Whelpton, *A History of Nepal*. Cambridge: Cambridge University Press, 2005.

Thursday
14th

Morning: Expert Presentation, Prof. van der Kuijp

The History of Tibet through the Early Modern Period

Required Readings:

Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: Univ. of California Press, 1997) Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The*

Autobiography of Tashi Tsering (Armonk, N.Y.: M.E. Sharpe, 1997).

Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:

Melvyn Goldstein, *A History of Modern Tibet, 1913-1951: The Demise of the Lamaist State*. (Berkeley: University of California Press, 1989.)

Afternoon Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley

Required Readings:

Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000)

Evening Program: Curriculum Workshop with Maureen Stephens:
“Curriculum and Resources for Teaching about the Silk Route”

Friday
15th

Morning: Expert Presentation, Lauren Hartley, Columbia Univ
Modern Tibetan Literature in Translation

Required Readings:

- ☐ Luran Hartley, "Themes of Tradition and Change in Modern Tibetan Literature," *Lungta* 12 (Summer 1999): 29-44.
- ☐ Selections from *Song of the Snow Lion*
- ☐ Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*

Further Reading

Bhum, Pema. *Six Stars with a Crooked Neck: Tibetan Memoirs of the Cultural Revolution*. Dharamsala: Tibet Times, 2001.

Tailing, W. *The Secret Tale of Tesur House*. Beijing: Tibetology Pub House, 1998.

Norbu, Jamyang. *Sherlock Homes: The Missing Years*. New York: Bloomsbury, 1999.

Alai. *Red Poppies*. Boston: Houghton Mifflin, 2002. (Chinese original)

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials*. 2nd ed. (Ithaca: Snow Lion Press, 1988).

Further Readings:

Marylin M. Rhie and Robert Thurman, *Wisdom and Compassion: The Sacred Art of Tibet* (New York: Harry Abrams, 1996).

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Robert Beer, *Encyclopedia of Tibetan Symbols* (Boston: Shambhala, 1999).

WEEK 3 of the Institute, July 18th--July 22nd

Monday
18th

Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery

Museum Program hosted by Curators and Educators of the Museums

Departure from the College at 6:45 AM; return by 9 PM

[Popular Tibetan and Nepali Movies to be shown en route]

Tuesday
19th

Morning Program Expert Presentation, Naresh Bajracarya, Tribhuvan University
Newar Buddhist Mahayana Ritualism and the Mandala

Required Reading:

- Naresh Bajracarya, "The *Guru-mandala-Arcana*"
- John Locke, "The *Uposatha Vrata* of Amoghapasa in Nepal," *L'Ethnographie* 83 (100-101), 159-189.

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples

Video: "Himalayan Herders"

Required Readings:

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998)

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:

Workshop on Making Nepalese Foods

A Newar feast and Prof. Lewis' Films on Kathmandu Valley Religion

Wednesday
20th

Morning: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:

Matthew Kapstein, *The Tibetans*, 244-268

- Meyer, Fernand, 1995. "Theory and Practice in Tibetan Medicine" in van Alphen Aris, eds. *Oriental Medicine: An Illustrated Guide to the Asian Arts of Healing*. London: Serindia Publications, pp. 109-141

Thursday
July 21st

Morning: Expert Presentation, Dr. Anne de Sales, Centre National de la
Shamanism in the Himalayas Recherché Scientifique

Required Readings:

- Mumford, Stan Royal. *Himalayan Dialogue: Tibetan Lamas and Gurung Shamans in Nepal*. Madison: University of Wisconsin Press, 1989, chapters 3-7
- Anne de Sales, "The Kham Magar Country, Nepal: Between Ethnic Claims and Maoism," *European Bulletin of Himalayan Research* 19, 41-71

Further Readings:

John Hitchcock, John and Jones, Rex eds. *Spirit Possession in the Nepal Himalayas* (New Delhi: Vikas, 1976).

Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Required Readings:

- "The People of Mustang and their History," from Charles Ramble, *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. (NY: Oxford Univ. Press, 2008)
- Lawrence Epstein and David Lichter, "Irony in Tibetan Notions of the Good Life," in *Karma: An Anthropological Inquiry*, ed. Charles F. Keyes and E. Valentine Daniels. (Berkeley: University of California Press, 1983), 223-259.

Further Readings:

David Holmberg, *Order in Paradox: Myth, Ritual, and Exchange among Nepal's Tamang* (Ithaca: Cornell University Press, 1989).

Friday
22nd

Morning Program: Expert Presentation, Dr. Yudru Tsomo, Lawrence University
Tradition and Modern Women of Tibet

Required Reading:

- ☐ Tsering Chotsho, "A Drop from an Ocean: The Status of Women in Tibetan Society" and Migyur Madrong, "A Discussion on Some Great Women in Tibetan History" Matthew Kapstein, *The Tibetans*, 175-204

Further Reading:

Rex and Shirley Jones, *The Himalayan Woman*

Afternoon Program: Expert Presentation Kurtis Schaeffer, University of Virginia

Women in the Literatures of Medieval Tibet: *Namthars* and Other Texts

Required Reading:

Kurtis Schaeffer, *Himalayan Hermitess: The Life of a Tibetan Buddhist Nun*. (NY: Oxford University Press, 2004)

Matthew Kapstein, *The Tibetans*, 175-198; 205-268

Further Reading:

Jose Cabezon, *Tibetan Literature Studies in Genre*. (Ithaca: Snow Lion, 1995)

WEEK 4 of the Institute, July 25th - July 29th

Monday
July 25th

Morning Program: Expert Presentation, Prof. Samrat Upadhyay, Indiana University
Nepali Literature: Its Emergence in the Modern Era

Required Reading:

- ☐ excerpts from Michael Hutt, *Himalayan Voices*. Berkeley: Univ. of California Press, 1991.

Samrat Upadhyay, *Arresting God in Kathmandu*. New York: Houghton Mifflin, 2001

Afternoon Program: Expert Presentation: Manjushree Thapa, Kathmandu

Nepali Literature: Recent Trends in a Time of Political Unrest

Required Reading:

Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001__

Tuesday
July 26th

Morning: Expert Presentation Paula Newburg, Georgetown University
Political Developments in the NW Himalayas: Pakistan and Afghanistan

Required Readings:

- ☐ Paula Newburg, *Double Betrayal: Human Rights and Insurgency in Kashmir*

Afternoon Program: Expert Presentation, Peter Burleigh, University of Miami
Nepal and the Indian Himalayas in Transition

Required Readings: Both are available at: www.icg.org

“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)

“Nepal’s Maoists: Their Aims, Structure and Strategy” (Asia Report # 04, 27 October 2005).

Wednesday
July 27th Morning: Expert Presentation Prof. David Smith, University of Minnesota
Contemporary Human Ecology: Tigers and Humans

Required Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 09-98

Further Readings:

Eric Eckholm. *Losing Ground: Environmental Stress and World Food Problems* (New York: Norton, 1976).

Afternoon Program: Curriculum Workshop by Maureen Stephens
Teaching Sustainable Development in the Himalayas

Thursday
July 28th Morning I Expert Presentation, Gerald Berreman, Univ. of California-Berkeley
Hinduism and Spirit Mediums in the Indian Himalayas

Required Readings:

Zurick, *Illustrated Atlas of the Himalaya*, 143-155

Gerald Berreman, "Brahmins and Shamans in Pahari Religion"

Gerald Berreman, "Himalayan Rope Sliding and Village Hinduism"

Gerald Berreman, "Three Stigmatized Paharis: Two Dalits and a Widow: How They Prevailed."

Further Readings:

James F. Fisher. *Sherpas: Reflections on Change in Himalayan Nepal* (Berkeley: University of California Press, 1989).

Afternoon Program: Expert Presentation by Mat Schmaltz, Holy Cross
Christian Missionaries in the Himalayas

Required Readings:

selections from Trent Pomplun, *Jesuit on the Roof of the World: Ippolito Desideri’s Mission to Tibet*. NY: Oxford University Press, 2009

Evening Program:

Workshop on Making Tibetan Foods
Farewell Dinner

Friday
July 29th Morning and Afternoon:
Presentations of Teacher Implementation Plans
Web Pages and Curricular Materials

Saturday
July 30th

Check-out from Campus Apartments