

- Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Central Place and Trade Theory; Major Culture Regions: Kashmir, Nepal, Tibet
Required Readings:
Himalaya: Life on the Edge of the World, 2-60
 Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III
- Evening
 5-7 PM **Welcoming New England Clambake Dinner and Nepali Kite Flying**
 Hosted by Holy Cross President and Dean, North Side of Hogan Center
- Tuesday
 8th Morning Program: Expert Presentation, Prof. Nirmal Tuladhar
Languages and Writing Systems of the Himalayan Region
TEA Making workshop: Nepali Milk Tea and Tibetan Butter Tea
Required Readings:
 Lewis and Riccardi, *The Himalayas: A Syllabus ...*, Part III
 Gerald Berreman, "Cultures and Peoples of the Himalayas," *Asian Survey* 1963: 289-30"
Afternoon Program
 Curriculum Workshop with Maureen Stephens:
 "Teacher Implementation Plans for this Institute"; "Geography of the Himalayan Region"
- Wednesday
 9th Morning Program: Expert Presentation, Profs. Lewis and van der Kuijp
Hinduism: Overview of Core Doctrines and Practices, esp. those in the region
Required Reading:
 Lewis and Riccardi, *The Himalayas: A Syllabus...*, 41-43
Further Readings:
 Diana Eck, *Darshan: Seeing the Divine in India*, 2nd ed.
- Afternoon Program: Films on Hinduism with Discussion
 "Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India"
 "Wages of Action"
- Thursday
 10th Morning: Expert Presentation, Profs. Lewis and van der Kuijp
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices
Required Readings:
 Patrul Rimpoche, *Words of My Perfect Teacher*, 1-132.
 T. Lewis, "Buddhism," from *World Religions Today*, 2nd ed. (NY: Oxford University Press, 2005).
- Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Mahayana Buddhism; The Himalayas in the Buddhist Imagination
Required Readings:
 Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46
 Edward Conze, "Buddhism, the Mahayana" in R.C. Zaehner, ed. *The Concise Encyclopedia of Living Faiths* (New York: Hawthorne Books, 1964).
Further Readings:
 David Snellgrove, *Indo-Tibetan Buddhism* (Boston: Shambhala, 1987), Pts I/2.
- 6:30-10:30 PM Program: Film and Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"
- Friday
 11th Morning: Expert Presentation and Curriculum Workshop, Prof. Lewis
Buddhist Literature: Traditional Biographies of the Buddha and Story Narratives
Required Readings:
 Readings from the *Jatakas*, in Translations from Nepal and Tibet

Afternoon Program: Expert Instruction, Holy Cross Computer Training Lab Staff
Plenary Web Page Creation and Design Workshop

Saturday
12th Morning Program: Profs. Lewis and Dr. Louise Virgin, Curator of Asian Art
Workshop: Using Art to Teach Religion at the Asia galleries, Worcester Art Museum

WEEK 2 of the Institute, July 14th-18th

Monday
14th Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir and Nepal: History of the Himalayan Culture Centers up to 1200 CE

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 49-92

□ excerpts from the *Rajatarangini* of Kalhana" and the *Gopalarajavamshavali*

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Required Readings:

Matthew Kapstein, *The Tibetans*, 27-83

Tuesday
15th Morning Program, Expert Presentation, Prof. van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Required Reading:

Matthew Kapstein, *The Tibetans*, 84-139

Further Readings:

David Snellgrove and Hugh Richardson, *A Cultural History of Tibet* (Boulder: Prajna Press, 1980), 1-110.

Afternoon Program: Prof. Lewis and van der Kuijp

Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan

Required Readings:

Lewis and Riccardi, *The Himalayas: A Syllabus...*, 109-116; 159-209

Zurick and Karan, *Himalaya: Life on the Edge of the World*, 61-126.

Further Readings:

John Whelpton, *A History of Nepal*. Cambridge: Cambridge University Press, 2005.

Wednesday
16th Morning Program, Expert Presentation Kurtis Schaeffer, University of Virginia

Literatures of Medieval Tibet: Namthars and Other Texts

Required Reading:

Kurtis Schaeffer, *Himalayan Hermitess: The Life of a Tibetan Buddhist Nun*. (NY: Oxford University Press, 2004)

Matthew Kapstein, *The Tibetans*, 175-198; 205-268

Further Reading:

Jose Cabezon, *Tibetan Literature Studies in Genre*. (Ithaca: Snow Lion, 1995)

Afternoon Program: Curriculum Workshop with Maureen Stephens:

“Curriculum and Resources for Teaching about the Silk Route”

Thursday
17th Morning: Expert Presentation, Prof. van der Kuijp

The History of Tibet through the Early Modern Period

Required Readings:

Melvyn Goldstein, *The Snow Lion and the Dragon* (Berkeley: Univ. of California Press, 1997)
Melvyn Goldstein, et al. *The Struggle for Modern Tibet: The Autobiography of Tashi Tsering* (Armonk, N.Y.: M.E. Sharpe, 1997).

Matthew Kapstein, *The Tibetans*, 155-174; 269-300

Further Readings:

Melvyn Goldstein, *A History of Modern Tibet, 1913-1951: The Demise of the Lamaist State*. (Berkeley: University of California Press, 1989.)

Friday
18th

Morning: Expert Presentation, Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet

Required Readings:

Robert E. Fisher, *The Art of Tibet* (London: Thames and Hudson, 1997).

David and Janice Jackson, *Tibetan Thangka Painting: Methods and Materials. 2nd ed.* (Ithaca: Snow Lion Press, 1988).

Further Readings:

Marylin M. Rhie and Robert Thurman, *Wisdom and Compassion: The Sacred Art of Tibet* (New York: Harry Abrams, 1996).

Mary Slusser, *Nepal Mandala* (Princeton University Press, 1982).

Robert Beer, *Encyclopedia of Tibetan Symbols & Motifs* (Boston: Shambhala, 1999).

Afternoon Program: Curriculum Workshop with Maureen Stephens:

“Curriculum and Resources for Teaching Himalayan Art”

Evening Program: in Stein Hall, Room 102

An evening of Himalayan Music with Cellist Tien Ning and Feature film: "Himalaya"

WEEK 3 of the Institute, July 21st--July 25th

Monday
21st

Excursion to Rubin Museum for Tibetan Art and Karmapa Monastery, Woodstock, NY
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM

Tuesday
22nd

Morning Program: _____ Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley

Required Readings:

Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism* (Albany: State University of New York Press, 2000)

Afternoon Program: _____ Expert Presentation, Naresh Bajracarya, Tribhuvan University, Nepal
Mahayana Ritualism and the Mandala

Required Reading:

□ Naresh Bajracarya, “The *Guru-mandala-Arcana*”

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:

Workshop on Making Nepalese Foods and Nepalese Kite Flying
A Newar feast and Prof. Lewis' Films on Kathmandu Valley Religion

Wednesday
23rd

Morning: Expert Presentation, _____ Dr. Anne de Sales, Centre National de la Recherche Scientifique
Shamanism in the Himalayas and the Maoist Insurgency

Required Readings:

□ Anne de Sales, The Kham Magar Country, Nepal: Between Ethnic Claims and Maoism," *European Bulletin of Himalayan Research* 19, 41-71

Further Readings:

John Hitchcock, John and Jones, Rex eds. *Spirit Possession in the Nepal Himalayas* (New Delhi: Vikas, 1976).

Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Required Readings:

☐ Lawrence Epstein and David Lichter, "Irony in Tibetan Notions of the Good Life," in *Karma: An Anthropological Inquiry*, ed. Charles F. Keyes and E. Valentine Daniels. (Berkeley: University of California Press, 1983), 223-259.

Further Readings:

Stan Royal Mumford. *Himalayan Dialogue: Tibetan Lamas and Gurung Shamans in Nepal* (Madison: Univ. of Wisconsin Press, 1989).

David Holmberg, *Order in Paradox: Myth, Ritual, and Exchange among Nepal's Tamang* (Ithaca: Cornell University Press, 1989).

Thursday
July 25th

Morning Program: Expert Presentation, Dr. Sarah Levine, Harvard University
Women in the Himalayas: Theravada Householders & Nuns

Required Reading:

☐ Excerpt from Sarah Levine and David Gellner, *Rebuilding Buddhism: The Theravada Movement in Twentieth-Century Nepal*. (Cambridge: Harvard University Press, 2005.)

☐ Nancy Falk, "The Case of the Vanishing Nuns"

Afternoon Program: Expert Presentation, Dr. Yudru Tsomo, Harvard University
Tradition and Modern Women of Tibet

Required Reading:

☐ Tsering Chotsho, "A Drop from an Ocean: The Status of Women in Tibetan Society" and Migyur Madrong, "A Discussion on Some Great Women in Tibetan History"

Matthew Kapstein, *The Tibetans*, 175-204

Further Reading:

Rex and Shirley Jones, *The Himalayan Woman*

Friday
26th

Morning Program: Expert Presentation, Prof. Samrat Upadhyay, Indiana University
Nepali Literature: Its Emergence in the Modern Era

Required Reading:

☐ excerpts from Michael Hutt, *Himalayan Voices*. Berkeley: Univ. of California Press, 1991.
Samrat Upadhyay, *Arresting God in Kathmandu*. New York: Houghton Mifflin, 2001

Afternoon Program: Expert Presentation: Manjushree Thapa, Kathmandu
Nepali Literature: Recent Trends in a Time of Political Unrest

Required Reading:

Manjushree Thapa, *The Tutor of History*. London: Penguin, 2001

WEEK 4 of the Institute, July 28th–August 1st

Monday
July 28th

Morning Program: Expert Presentation, Naomi Bishop, University of California
Cultural Traditions in the Tibeto-Burman Region, Video: "Himalayan Herders"

Required Readings:

Naomi H. Bishop, *Himalayan Herders*. (NY: Harcourt Brace, 1998)

Afternoon Program: Expert Presentation, Lauren Hartley, Trace Foundation

Modern Tibetan Literature in Translation

Required Readings:

Luran Hartley, "Themes of Tradition and Change in Modern Tibetan Literature," *Lungta* 12 (Summer 1999): 29-44.

Selections from *Song of the Snow Lion*

Steven Venturo, "Where is Tibet in World Literature" *World Literature Today*

Further Reading

Tailing, W. *The Secret Tale of Tesur House*. Beijing: China Tibetology Publishing House, 1998.

"Tibet Writes" at <http://www.tibetwrites.org/> (Website with various authors.)

Tuesday
July 29th

Morning: Expert Presentation Dr. Paula Newburg United Nations Foundation

Recent Political Developments in the NW Himalayas: Pakistan and Afghanistan

Required Readings:

Paula Newburg, *Double Betrayal: Human Rights and Insurgency in Kashmir*

Afternoon Program: Expert Presentation, Ambassador Peter Burleigh, University of Miami

Nepal in Transition

Required Readings: *Both are available at:* www.icg.org

"Nepal: from People Power to Peace?" (Asia Report # 115, 10 May 2006)

"Nepal's Maoists: Their Aims, Structure and Strategy" (Asia Report # 04, 27 October 2005).

Wednesday
July 30th

Morning: Expert Presentation Prof. David Smith, University of Minnesota

Contemporary Human Ecology: Tigers and Humans

Required Readings:

Zurick and Karan, *Himalaya: Life on the Edge of the World*, 127-202

Further Readings:

Eric Eckholm. *Losing Ground: Environmental Stress and World Food Problems* (New York: Norton, 1976).

Afternoon Program I: Expert Presentation, Prof. Gerald Berreman, Univ. of California-Berkeley

Community, Environment and Social Action in the Himalayas

Required Readings:

Zurick and Karan, *Himalaya: Life on the Edge of the World*, 203-296.

Gerald Berreman, "Chipko: A Movement to Save the Himalayan Environment and People," in Carla M. Borden ed. *Contemporary Indian Tradition*: (Washington, D.C.: Smithsonian Institution Press, 239-266.

Further Readings:

James Fisher. *Sherpas: Reflections on Change in Himalayan Nepal* (University of California Press, 1989).

Afternoon Program II: Expert Presentation by Prof. Keiko Yamanaka, Univ. of California-Berkeley

From Global Warriors to Global Workers: Nepalese Labor Migration to Japan

Evening Program:

Workshop on Making Tibetan Foods and Farewell Dinner

Thursday
July 31st

Morning Program: Expert Presentation, Prof. Ainslie Embree, Columbia University

Muslims and Hindus in Kashmir: South Asian Religious Conflict in Microcosm

Afternoon Program: Presentations of Teacher Implementation Plans

Web Pages and Curricular Materials

Friday
Aug 1st

Morning and Afternoon:

Check-out from Residence Hall