CAB college bowl tests trivia knowledge

By Michael McMahon
CAB News Staff

On Saturday Jan. 27, 22 teams met for the College Bowl, an intellectual competition sponsored by the Campus Activity Board. Holy Cross students were tested in subjects ranging from the arts to sports.

The competition was simply formatted. Teams of three, four or five students met head-to-head in forty-five-minute games. The tournament was set up as a bracket format. The team at each round that accumulated the higher number of points advanced; the losing team was eliminated.

The first team to buzz in and answer a ten-point toss-up question correctly was then asked a bonus question. Bonus questions ranged in value from 20 to 30 points. The two teams who made it to the finals were "Untitled" and "Healy One." "Untitled" comprised of Jeff Neunez, Sarah Hodge, Frankie Stone, J.J. Mammi, and Emily Hunter. Pete Bak, Bryan Abramske, John Curley, and Ryan Moore made up "Healy One."

In the final round, "Healy One" was defeated by "Untitled" by a score of 170 to 100.

A disappointed Bryan Abramske lamented, "We tried, but I guess we weren’t as smart as we had hoped."

-Bryan Abramske ’03

NEWS
FRIDAY, FEBRUARY 2, 2001

Off campus - A wallet was turned into the Linden Lane security booth.

Wheeler - Students reported receiving harassing phone calls throughout the weekend.

Tuesday, January 30

Physical Plant - Physical Plant reported a broken screen with a beer can inside.

Kimball Hall - An employee fell on the ice on the north side of Kimball Hall.

Jesuit Cemetery - A student lost a watch in the area of the cemetery.

PUBLIC SAFETY BLOTTER

Thursday, January 25

Hogan Lot #1 - A public safety cruiser and another vehicle were involved in an accident.

Off campus - An off campus student reported that her apartment was burglarized.

Friday, January 26

Healy - Unit #30 called for assistance in relation to an assault and battery committed against himself and a cab driver on Eastay Street. The student involved was arrested on two counts of A&B. He was transported to WPD and held pending bail.

Saturday, January 27

Off campus - A caller reported a coyote on Epworth Street headed towards Holy Cross property. WPD was notified.

Hart Center - A bank card was found.

Sunday, January 28

Clark - A member of building services was called to clean up vomit and broken glass on the floor of female b3/p room #340.

Mulledy - An officer used cardboard to secure a broken bathroom window.

The Crusader Center to offer new workshops in spring 2001

By Maureen Malone
CAB News Staff

Life can overwhelm a person sometimes. College life especially, with its stress filled and competitive environment, has various obstacles and issues for students to deal with. With these challenges in mind, the Crusader Center offers a series of five group workshops this semester, focusing on issues pertinent to students' lives. The Center will offer strategies, "harnessing strength," stress management, eating disorders, family relationships, and the transition from college life to "the real world." The groups will ideally range in size from four to five people, but most will contain eight to ten students. The workshops are open to all members of the student body, but some require a screening meeting with the group leader for enrollment.

Dr. Matt Elliot of the Crusader Center, who will be running the stress management sessions, says that group workshops are often helpful in dealing with issues that are common among a population. Students feel accepted when they are surrounded by others coping with similar problems. When dealing with an issue, he says a student often feels alone, and it helps to talk to others in a similar situation. The purpose of the groups is to help people help each other.

The group on stress management will give students the opportunity to learn techniques and skills for minimizing stress. Group members will be taught to identify stressors within their lives and to use different forms of relaxation to harness and release the stress. One hour meetings are scheduled three weeks, beginning Tuesday, March 13 from 4:00-5:00 p.m. Pre-registration is required.

The sessions on eating disorders will serve as a support group in which students discuss strategies for dealing with their "problematic way of relating to food." To join this group, students are encouraged to contact the Crusader Center for a pre-group interview.

For those students who experience difficult family relationships or difficult relationships with friends or significant others, the Crusader Center will run a group that explores how these relationships lead to the repetition of bad patterns. Eight sessions will be held on Thursdays from 4:00-5:15 p.m., beginning Feb. 1. Pre-registration is required.

Doctors Amy Consolazio and Betsy Cracco will lead a group for women, which is "focused on maintaining a sense of self-confidence and authenticity within the spheres of college life, romance, friendship, family and academics." The group will meet on Wednesdays for 3:45 p.m. beginning on Jan. 31. Pre-registration is required, and space is limited.

For seniors trying to navigate the hurdle of leaving college and departing from the world they have constructed for themselves over the past four years, the Center will offer "All Good Things Must Come to an End," a morning discussion group for the class of 2001 which will focus on the transition from college to "the real world," particularly career plans, where to live, and how to say good bye to college friends. Two separate workshops will be held on Tuesdays, Feb. 20 at 10:00 a.m. and on Friday, April 20 at 11:00 a.m. In order to address the concern of confidentiality that comes with sharing feelings and feelings in a group, the Crusader Center has established certain guidelines for their workshops. All participating students are expected to hold a confidentiality agreement.

See Peer groups, page 4

The Crusader

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