Speaking of Student Affairs ...  

The Great American Smokeout: It’s a Great Day to Quit

On Thursday, November 16, members of the Holy Cross community will join people across the country in observing the Great American Smokeout by choosing to put down their cigarettes for the day… and maybe for life.

The Great American Smokeout has been observed since 1971 as a day when Americans can start the rest of their lives smoke-free, or at least prove to themselves that they can quit, even if only for a day. Millions of Americans have used this day to quit smoking. If you smoke, or if you care about someone who smoke, please consider participating in this day by doing some of the following.

In smoked...  
* Get a smoker’s contract from Wellness Programs (Hogan 227) or an information table in Kimball Hall or Hogan before Thursday.  
* Sign the contract and have a friend support your effort by signing a contract.

- Pick up a "survival kit" during the day on Wednesday, November 15.
- Plan to put away your cigarettes (or other tobacco products) and never pick them back up.  
- Tell people what you are doing and be proud that you are joining millions in the quest to be smoke-free.  
- Stock up on sugarless gum, cinnamon sticks, carrot sticks and hard candy.
- Practice saying, "No thank you, I don't smoke."  
- Keep active -- try walking, exercising, or doing other activities or hobbies.  
- Drink lots of water and juices.  
- Remember this in your quest...  
- 20 minutes after quitting: blood pressure drops to a level close to that before the last cigarette.  
- 1 hour after quitting: heart rate decreases; cilia regain normal function in the lungs, increasing the ability to handle mucus, clean the lungs, and reduce infection.  
- 1 year after quitting: excess risk of coronary heart disease is halved that of a smoker.  
- 5 years after quitting: stroke risk is reduced to that of a non-smoker 5-15 years after quitting.

Fordham’s Mark Massa, S.J., analyzes Anti-Catholicism in Religion and Modernity Lecture

Fordham’s Mark Massa, S.J., of Fordham University, spoke to Holy Cross students and faculty on Tuesday, November 7, 2000 at the Hogan Center Conference Center. The lecture entitled “The New Anti-Catholicism, the Old Anti-Catholicism, and the Analogical Imagination,” was part of the continuing Religion and Modernity Lecture Series.

Father Massa, author of the book “Catholics and American Culture: Fulton Sheen, Dorothy Day, and the Notre Dame Football Team”, completed his graduate studies in English department at Harvard University. He is now Director of the American Studies Program, Associate Chair for Undergraduate Studies, and Associate Professor in the Theology Department at Fordham University.

After brief introductory speeches by Professor Richard Matlak of the English department and Professor David O’Briant, Marshall, Father Massa began his lecture with a short explanation of the nature of his current area of academic interest. The speech, a foundation for an upcoming monograph, began with an introduction of anti-Catholicism as the “deepest bias in American culture.” Emphasizing that anti-Catholicism in the 20th century exists as a cultural rather than demographic conflict, Father Massa stated that the current wave of anti-Catholic sentiment grew from prejudices evident for centuries in America. According to Father Massa, fundamental distinctions between Catholicism and Protestantism, the dominant form of Christianity in the United States, have contributed to the denigration of members of the Catholic church. The Catholic preference for the preservation of group rights sympathetic not only to the more individualistic slant of Protestantism in a culture as secular as that of this nation. A religion as public and open as Catholicism is directly at odds with a society which places a premium on privacy, Father Massa maintained.

He went on to give his argument a historical underpinning, pointing out the long-standing differences between Catholic beliefs relying on spirituality and more concrete beliefs springing from the Protestant Reformation. According to one scholar, Catholics remained dependent on magisterial authority while Protestants evolved more experimental methods of examining the world. The “supernatural” tendencies inherent to Catholicism had outlined its orthodoxy from an American democracy based on principles which emerged from the “left wing” of the Reformation.

Father Massa then used the work of David Tracy and Andrew Greely to supplement his explanation of the two religious traditions.

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The opinions expressed within are not necessarily those of the College of the Holy Cross.

Public Safety Blotter

Tuesday, October 31st

Mulledy - A student’s room combination was not working. The offender had to go back to the office for the master key.

Wheeler - RA requested an officer to help clear students out of the first floor hallway.

Wheeler - The hall door on the Hogan side of the building could not be opened because the door handle fell off.

Healy - A student reported loud music on the Hogan side of the second floor. CDC and an officer responded.

Wednesday, November 1st

Hogan Lot #3 - A student reported a missing van.

Linden Lane - An Acme Pre-pack Company truck, making a delivery to Kimberly, struck the roof of Linden Lane.

Kimball Hall - A student reported a missing book back at K2.

Thursday, November 2nd

Loyola Parking Lot - A guest attending a wedding rehearsal lost her leather wallet. She thinks it was dropped in the parking lot.

Friday, November 3rd

Loyola Hall - A student in Loyola reported an incapacitated guest. AMR was dispatched.

Saturday, November 4th

Football Stadium - A black wallet was found at the stadium.

Lehy - RA reported a broken window in the bathroom on the first floor East Side street.

Hogan Lot #1 - Liquor was confiscated from a student in the class of 2003.

Wheeler - RA reported a broken window in the fourth floor bathroom on the College Street side. She said that she believed the damage and requested an officer to come to the scene. The CDC was also on scene.

Sunday, November 5th

Student Lot #4 - Unit #29 was dispatched to investigate a car that was hit while parked on Fairbridge. The officer of the car moved it to the visitor’s parking lot in front of Hogan before calling Public Safety. Two cars were damaged in the hit and run accident.

Monday, November 6th

Off campus - The drivers of two vehicles came on campus and asked that WPD be contacted to assist with an accident that occurred on College Hill.

College Campus - A student reported being assaulted on campus. An officer was assigned to investigate.