LITERATURES, RELIGIONS and ARTS of the HIMALAYAN REGION

Schedule of Lectures, Workshops, and Readings

Institute Schedule:

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-12:00</td>
<td>Morning Session</td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>1:00-4:00</td>
<td>Afternoon Session</td>
</tr>
<tr>
<td>4:30-9:00</td>
<td>Web Page Consultations</td>
</tr>
<tr>
<td>6:30-9:00</td>
<td>Evening Sessions</td>
</tr>
</tbody>
</table>

All Sessions in Rooms 402-3 in the Hogan Campus Center, unless otherwise noted

Core Institute Books:


 Institute Reader [on Institute MOODLE site] ♦ indicates excerpt on MOODLE Institute site

Recommended Books for Further Reading:

- Ben Muleunbeld, *Buddhist Symbolism in Tibetan Thangkas*. (Binkey Kok, 2001)

All books have been ordered from the Holy Cross Bookstore
WEEK 1 of the Institute, July 5th-9th

Monday
July 4th
Check-in for resident participants in Williams Hall Apartments

Tuesday
5th
Morning Program: Profs. Lewis and van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Core Readings:
Zurick, Illustrated Atlas of the Himalaya, 1-66
Lewis and Riccardi, The Himalayas: A Syllabus ..., 5-40, Part II
Further Reading:
♦ Martin Brauen, Dreamworld Tibet: Western Illusions (Weatherhill, 2004).
♦ Peter Bishop, The Myth of Shangri-La (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Languages & Culture Regions: Kashmir, Nepal, Tibet; Languages, Writing Systems
Core Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Evening
5-7 PM
Welcoming New England Clambake Dinner
Hosted by Holy Cross Administrators, First Floor of the Hogan Center

Wednesday
6th
Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices, esp. those in the region
Core Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III
Lewis, “Getting the Foundations Right When Teaching Asian Religions”
Further Readings:
Diana Eck, Darshan: Seeing the Divine in India, 2nd ed.

Afternoon Program I (1-2): by Library Staff
Library Tour
Afternoon Program II: (2:30-4) Curriculum Workshops with Arlene Kowal
Geography of the Himalayan Region and Preparing your Curriculum Website

Thursday
7th
Morning Program: Expert Presentation, Prof. Lewis
Hinduism in the Himalayas: Films; The Life of the Buddha
“Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India” “Wages of Action”
Core Reading:
Lewis and Riccardi, The Himalayas: A Syllabus ..., 41-43
Afternoon Program: Expert Presentation, Prof. Nirmal Tuladhar, Tribhuvan University.

1-2 [I] Languages in Nepal
2:30-4 [2] Kites in Himalayan Cultures on Hill of St. James, top of campus

Core Readings:
- Nirmal Man Tuladhar. “Cutting is the Greatest Fun,” Kitelines, 11:4 (1996), 41 and the rest of this issue on Nepal

Further Readings:
The Drachen Foundation www.drachen.org

Friday
8th
Morning: Expert Instruction, Holy Cross Computer Training Lab Staff
Plenary Web Page Design Training Session

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp

Ancient Buddhism and Basic Doctrines

Core Readings:
- Patrul Rimpoché, Words of My Perfect Teacher, 1-132.
- T. Lewis, "Buddhism" in Asian Religions Today, (NY: Oxford Univ. Press, 2008),

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Saturday
9th
Morning Program in Asia galleries, Worcester Art Museum Profs. Lewis
Workshop: Using Art to Teach Asian Religions

WEEK 2 of the Institute, July 11th-15th

Monday
11th
Morning: Expert Presentation, Prof. Michael Witzel, Harvard University
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE

Core Readings:
- Lewis and Riccardi, The Himalayas: A Syllabus…, 49-92
- excerpt from the Nilamata Purana; excerpts from the Rajatarangini of Kalhana
- Theodore Riccardi, Jr. “Buddhism in Ancient and Early Medieval Nepal”

Afternoon Program: Expert Presentation, Prof. van der Kuijp

Ancient Tibet: Cultural and Political History up to 1100 CE; Bön

Core Readings:
- Matthew Kapstein, The Tibetans, 27-83

Tuesday
12th
Morning Program, Expert Presentation: Prof. van der Kuijp

Medieval Tibet: History up to 1600 CE; Bön Tradition

Core Reading:
- Matthew Kapstein, The Tibetans, 84-139
Further Readings:

Afternoon Program: Prof. Lewis and van der Kuijp
*Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan*
Core Readings:
Zurick, *Illustrated Atlas of the Himalayas*
Further Readings:

Wednesday 13th
Morning Program: Expert Presentation, Prof. Lewis
*Buddhism and Hinduism in the Kathmandu Valley*
Core Readings:
John Locke, “An Overview of Newar Buddhism”
Todd T. Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals of Newar Buddhism*, Chapter 1
Further Readings:

Afternoon Program Expert Presentation, Prof. van der Kuijp
*The History of Tibet through the Modern Period*
Core Readings:
Melvyn Goldstein, *The Snow Lion and the Dragon* (Univ. of California Press, 1997)
Matthew Kapstein, *The Tibetans*, 155-174; 269-300
Further Readings:

Thursday 14th
Morning Program: Expert Presentation, Prof Cristina Scherer-Schab, Lausanne University
*Mahayana Buddhism: What is it?*
Core Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus...*, 44-46
**WEEK 3 of the Institute, July 18th—July 22nd**

**Monday 18th**

**Excursion to the Rubin Museum for Tibetan Art**
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 8 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown en route]

**Tuesday 19th**

**Morning Program:**

**Free**

**Afternoon Program:** Expert Presentation, Naresh Bajracarya, Tribhuvan University
**A Newar Buddhist Ritual: Making Stupas for Fun and Merit**

**Core Reading:**

Naresh Bajracarya, “The Guru-mandala-Arcana”

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:
Workshop on Making Nepalese Foods and a Newar feast
Core Reading:
□ “Nepami Bhoya”

Wednesday 20th

Morning Program ___________ Expert Presentation, Naomi Bishop, California State, Northridge.
Buddhism among Tibeto-Burman Peoples/ Video: "Himalayan Herders"
Core Readings:

Afternoon Program: ___________ Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing
Core Readings:
Matthew Kapstein, The Tibetans, 244-268

Thursday July 21st

Morning: Expert Presentation ___________ Prof. Todd Lewis
Buddhist Literature: Traditional Biographies of Buddha and Story Narratives
Core Readings:
□ Readings from the Jatakas, in Translations from Nepal and Tibet

Afternoon Program: ___________ Expert Presentation, Prof. Mat Schmalz, Holy Cross
Christianity in South Asia and in the Himalayas
Core Readings:
□ selections from Michael Sweet, trans. Mission to Tibet: The Extraordinary 18th Century Account of Father Ippolito Desideri, S. J., (Boston: Wisdom, 2010) "Of the Grand Lama, Chief of This Religion" (pp. 297-300)
"Persuasive Reasons Why the Above-Mentioned Creation of a New Grand Lama is the Direct Work of the Devil" (pp.301-310) "Reply to the Arguments of Those Who Judge the Above-Mentioned Deception to Be the Artifice of Men and Not of the Devil" (pp.311-317)

Further Readings:

Friday 22nd

**Morning Program:**  Expert Presentation, Prof. Jim Fisher, Carleton College  
**Patterns of Change in the Tibetan Highlands**  
Core Reading:  

**Afternoon Program:** Expert Presentation, Prof. David Smith, University of Minnesota  
**Contemporary Human Ecology: Tigers and Humans**  
Core Readings:  
Further Readings:  
Eric Eckholm. *Losing Ground: Environmental Stress and World Food Problems*  

**WEEK 4 of the Institute, July 25th - July 29th**

Monday July 25th

**Morning Program:**  Expert Presentation, Lauren Hartley, Columbia University  
**Modern Tibetan Literature in Translation**  
Core Readings:  
☐ Selections from *Song of the Snow Lion*  
☐ Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*  
Further Reading  

**Afternoon Program:**  Expert Presentation: Manjushree Thapa, Kathmandu  
**Nepali Literature: Recent Trends in a Time of Political Unrest**  
Core Reading:  
Further Readings  
Tuesday July 26th

Morning: Expert Presentation Paula Newberg, Georgetown University

Political Developments in the NW Himalayas: Pakistan and Afghanistan

Core Readings:


☐ http://www.jinnah-institute.org/publications/300-second-opinion

Further Readings:

☐ Paula Newberg, Double Betrayal: Human Rights and Insurgency in Kashmir

Afternoon Program: Expert Presentation, Maureen Stephens, Brown University

Workshop on CHOICES Curriculum on Afghanistan

Core Readings:

CHOICES Curriculum Materials

Evening Program: in Hogan 502

A Selection of Himalayan Music with Cellist Tien Ning and Others

Feature film: "Himalaya" followed by discussion

Wednesday July 27th

Morning: Expert Presentation, Dr. Anne de Sales, Centre National de la Recherché Scientifique

Shamanism in the Himalayas

Core Readings:

☐ A.W. MacDonald, “The Healer in the Nepalese World”


Further Readings:


Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University

Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Core Readings:


Further Readings:

Thursday July 28th

**Morning:** FREE

**Afternoon Program:** Prof. Keiko Yamanaka, Univ of California-Berkeley

**Nepalis in International Migration**

**Core Readings:**


**Further Readings:**


**Evening Program:**

Workshop on Making Tibetan Foods

Farewell Dinner

---

Friday July 29th

**Morning and Afternoon:**

**Presentations of Teacher Implementation Plans**

Web Pages and Curricular Materials

---

Saturday July 30th

**Check-out from Campus Apartments**