Plan for the Institute

N.E.H. Institute: Cultures and Religions of the Himalayan Region
Schedule of Lectures, Workshops, and Readings

**Institute Schedule:**
9:00-12:00  Morning Session
12-1:00    Lunch Break
1:00-4:00:  Afternoon Session
4:30--9:00 Web Page Consultations
6:30-9:00  Evening Sessions

All Sessions in Suite A, fourth floor of the Hogan Campus Center, unless otherwise noted

**Institute Books:**


Institute Reader [on Electronic Reserves]
WEEK 1 of the Institute, July 5th-9th

Monday July 4th
Afternoon check-in for participants

Tuesday 5th
Morning Program: Profs. Lewis and van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory

Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 1-66
Lewis and Riccardi, The Himalayas: A Syllabus ..., 5-40, Part II

Further Reading:
Martin Brauen, Dreamworld Tibet: Western Illusions (Trumbull, Ct.: Weatherhill, 2004).
Peter Bishop, The Myth of Shangri-La (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet

Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Evening 5-7 PM
Welcoming New England Clambake Dinner and Nepali Kite Flying
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Wednesday 6th
Morning Program: Expert Presentation, Prof. van der Kuijp
Languages and Writing Systems of the Himalayan Region
Tea Making Workshop: Nepali Milk Tea and Tibetan Butter Tea

Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Afternoon Program
Curriculum Workshops with Maureen Stephens:
"Teacher Implementation Plans for this Institute"
“Geography of the Himalayan Region”

Thursday 7th
Morning Program: Expert Presentation, Profs. Lewis and van der Kuijp
Hinduism: Overview of Core Doctrines and Practices, esp. those in the region

Required Reading:
Lewis and Riccardi, The Himalayas: A Syllabus..., 41-43

Further Readings:
Diana Eck, Darshan: Seeing the Divine in India, 2nd ed.
Afternoon Program: Films on Hinduism with Discussion
Library Orientation
“Timeless Village of the Himalayas: A Pilgrimage to Deoprayag, India”
“Wages of Action”

Friday 8th

Morning: Expert Instruction, Holy Cross Computer Training Lab Staff
Plenary Web Page Creation and Design Workshop

Afternoon Program: Expert Presentation, Profs. Lewis and van der Kuijp
Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices

Required Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Saturday 9th

Morning Program: Profs. Lewis and Dr. Louise Virgin, Curator of Asian Art
Workshop: Using Art to Teach Religion at the Asia galleries, Worcester Art Museum

WEEK 2 of the Institute, July 11th-15th

Monday 11th

Morning: Expert Presentation and Curriculum Workshop, Prof. Lewis
Buddhist Literature: Traditional Biographies of Buddha and Story Narratives

Required Readings:
- Readings from the *Jatakas*, in *Translations from Nepal and Tibet*

Afternoon Program: Expert Presentation, Profs Lewis and van der Kuijp
Mahayana Buddhism; The Himalayas in the Buddhist Imagination

Required Readings:
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 44-46

Further Readings:
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<tr>
<th>Tuesday 12th</th>
<th>Morning: Expert Presentation, Prof. Michael Witzel, Harvard University</th>
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<td><strong>Ancient Kashmir &amp; Nepal: History of the Himalayan Centers up to 1200 CE</strong></td>
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<td>Required Readings:</td>
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<td></td>
<td>Lewis and Riccardi, <em>The Himalayas: A Syllabus...</em>, 49-92</td>
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<td>excerpts from the <em>Rajatarangini</em> of Kallhana&quot; and the <em>Gopalarajavamshavali</em></td>
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<td>Afternoon Program: Expert Presentation, Prof. van der Kuijp</td>
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<td><strong>Ancient Tibet: Cultural and Political History up to 1100 CE; Bön</strong></td>
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<td>Required Readings:</td>
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<td></td>
<td>Matthew Kapstein, <em>The Tibetans</em>, 27-83</td>
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<td>Evening Program: in Brooks Concert Hall</td>
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<td>A Selection of Himalayan Music with Cellist Tien Ning and Others</td>
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<td>Feature film: &quot;Himalaya&quot; followed by discussion</td>
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<th>Wednesday 13th</th>
<th>Morning Program, Expert Presentation: Prof. van der Kuijp</th>
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<td><strong>Medieval Tibet: History up to 1600 CE; Bön Tradition</strong></td>
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<td>Required Reading:</td>
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<td></td>
<td>Matthew Kapstein, <em>The Tibetans</em>, 84-139</td>
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<td>Further Readings:</td>
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<td>Afternoon Program:</td>
<td>Prof. Lewis and van der Kuijp</td>
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<td>Kashmir and Nepal up to the Modern Era; State Formation in the Himalayas, the Creation of the Gorkhali State, Sikkim, Bhutan</td>
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<th>Thursday 14th</th>
<th>Morning: Expert Presentation, Prof. van der Kuijp</th>
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<td><strong>The History of Tibet through the Early Modern Period</strong></td>
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<td>Required Readings:</td>
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<td>Further Readings:</td>
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Afternoon Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley
Required Readings:

Evening Program: Curriculum Workshop with Maureen Stephens:
“Curriculum and Resources for Teaching about the Silk Route”

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Friday 15th

Morning: Expert Presentation, Lauren Hartley, Columbia Univ
Modern Tibetan Literature in Translation
Required Readings:
Selections from *Song of the Snow Lion*
Steven Venturo, “Where is Tibet in World Literature” *World Literature Today*

Further Reading

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Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet
Required Readings:

Further Readings:

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WEEK 3 of the Institute, July 18th—July 22nd

Monday 18th
Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown en route]
Tuesday 19th

Morning Program: Expert Presentation, Naresh Bajracarya, Tribhuvan University
Newar Buddhist Mahayana Ritualism and the Mandala

Required Reading:
☑ Naresh Bajracarya, “The Guru-mandala-Arcana”

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples
Video: "Himalayan Herders"

Required Readings:

6-8 PM: Evening Program with Prof. Lewis and Prof. Bajracarya:
Workshop on Making Nepalese Foods
A Newar feast and Prof. Lewis' Films on Kathmandu Valley Religion

Wednesday 20th

Morning: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing

Core Readings:
Matthew Kapstein, The Tibetans, 244-268

Thursday July 21st

Morning: Expert Presentation, Dr. Anne de Sales, Centre National de la Recherché Scientifique
Shamanism in the Himalayas

Required Readings:

Further Readings:

Afternoon Program: Expert Presentation, Prof. Charles Ramble, Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples

Required Readings:
Further Readings:

### Friday, 22nd

**Morning Program:** Expert Presentation, Dr. Yudru Tsomo, Lawrence University

**Tradition and Modern Women of Tibet**

**Required Reading:**

**Further Reading:**
Rex and Shirley Jones, *The Himalayan Woman*

**Afternoon Program:** Expert Presentation Kurtis Schaeffer, University of Virginia

**Women in the Literatures of Medieval Tibet: Namthars and Other Texts**

**Required Reading:**
- Matthew Kapstein, *The Tibetans*, 175-198; 205-268

**Further Reading:**

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### WEEK 4 of the Institute, July 25th - July 29th

#### Monday, July 25th

**Morning Program:** Expert Presentation, Prof. Samrat Upadhyay, Indiana University

**Nepali Literature: Its Emergence in the Modern Era**

**Required Reading:**

**Afternoon Program:** Expert Presentation: Manjushree Thapa, Kathmandu

**Nepali Literature: Recent Trends in a Time of Political Unrest**

**Required Reading:**

#### Tuesday, July 26th

**Morning:** Expert Presentation Paula Newburg, Georgetown University

**Political Developments in the NW Himalayas: Pakistan and Afghanistan**

**Required Readings:**
- Paula Newburg, *Double Betrayal: Human Rights and Insurgency in Kashmir*
Afternoon Program: Expert Presentation, Peter Burleigh, University of Miami

**Nepal and the Indian Himalayas in Transition**

Required Readings: Both are available at: www.icg.org

“Nepal: from People Power to Peace?” (Asia Report # 115, 10 May 2006)


Wednesday, July 27th

Morning: Expert Presentation Prof. David Smith, University of Minnesota

**Contemporary Human Ecology: Tigers and Humans**

Required Readings:

Further Readings:

Afternoon Program: Curriculum Workshop by Maureen Stephens

**Teaching Sustainable Development in the Himalayas**

Thursday, July 28th

Morning I Expert Presentation, Gerald Berreman, Univ. of California-Berkeley

**Hinduism and Spirit mediums in the Indian Himalayas**

Required Readings:

‡ Gerald Berreman, "Brahmins and Shamans in Pahari Religion"
‡ Gerald Berreman, “Himalayan Rope Sliding and Village Hinduism”
‡ Gerald Berreman, "Three Stigmatized Paharis: Two Dalits and a Widow: How They Prevailed."

Further Readings:

Afternoon Program: Expert Presentation by Mat Schmaltz, Holy Cross

**Christian Missionaries in the Himalayas**

Required Readings:

Evening Program:

**Workshop on Making Tibetan Foods**

Farewell Dinner

Friday, July 29th

Morning and Afternoon:

**Presentations of Teacher Implementation Plans**

Web Pages and Curricular Materials
Saturday
July 30th

Check-out from Campus Apartments